










Recreation Activities Calendar

December 2020

Estates/ Park

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Hand Hygiene: before and after each activity.</p> <p>3 Meter Physical distancing maintained.</p> <p>Masks required during activity.</p>	<p>1</p> <p>10:30 Chair Yoga (VC)</p> <p>1:30 Christmas Movie: <i>Home Alone (E)</i></p>	<p>2</p> <p>9:30 Exercise (E)</p> <p>11:00 Exercise (E)</p> <p>1:30 Music Social: <i>The Music of Christmas (E)</i></p>	<p>3</p> <p><i>Christmas Sweater Day!</i></p>  <p>1:30 Unscrambling Words (E)</p>	<p>4</p>  <p><i>No Recreation Activities: Christmas Decorating</i></p>
<p>7</p> <p>9:30 Exercise (E)</p> <p>11:00 Exercise (E)</p> <p>1:30 Yahtzee (E)</p>	<p>8</p> <p>10:30 Chair Yoga (VC)</p> <p>1:30 Christmas Movie: <i>Elf (E)</i></p>	<p>9</p> <p>9:30 Exercise (E)</p> <p>11:00 Exercise (E)</p> <p>1:30 Music Social: <i>The Music of Christmas (E)</i></p>	<p>10</p> <p><i>Christmas Sweater Day!</i></p>  <p>1:30 Wheel of Fortune (E)</p>	<p>11</p> <p>9:30 Exercise (E)</p> <p>11:00 Exercise (E)</p> <p>1:30 Virtual Christmas Concert: <i>Christmas Carols Spectacular (E)</i></p>
<p>14</p> <p>9:30 Exercise (E)</p> <p>11:00 Exercise (E)</p> <p>1:30 Yahtzee (E)</p>	<p>15</p> <p>10:30 Chair Yoga (VC)</p> <p>1:30 Christmas Movie: <i>Noelle (E)</i></p>	<p>16</p> <p>9:30 Exercise (E)</p> <p>11:00 Exercise (E)</p> <p>1:30 Music Social: <i>The Music of Christmas (E)</i></p>	<p>17</p> <p><i>Christmas Sweater Day!</i></p>  <p>1:30 Unscrambling Words (E)</p>	<p>18</p> <p>9:30 Exercise (E)</p> <p>11:00 Exercise (E)</p> <p>1:30 Virtual Christmas Concert: <i>Dallas Symphony (E)</i></p>
 <p>21</p> <p>9:30 Exercise (E)</p> <p>11:00 Exercise (E)</p> <p>1:30 Yahtzee (E)</p>	<p>22</p> <p>10:30 Chair Yoga (VC)</p> <p>1:30 Christmas Movie: <i>Miracle on 34th Street (E)</i></p>	<p>23</p> <p>9:30 Exercise (E)</p> <p>11:00 Exercise (E)</p> <p>1:30 Music Social: <i>The Music of Christmas (E)</i></p>	<p>24</p> <p><i>Christmas Sweater Day!</i></p>  <p>1:30 Music Social: <i>The Music of Christmas (E)</i></p>	<p>25</p>  <p><i>Christmas</i></p> <p>No Recreation Activities</p>
<p>28</p> <p>9:30 Exercise (E)</p> <p>11:00 Exercise (E)</p> <p>1:30 Yahtzee (E)</p>	<p>29</p> <p>10:30 Chair Yoga (VC)</p> <p>1:30 Christmas Movie: <i>The Santa Clause (E)</i></p>	<p>30</p> <p>9:30 Exercise (E)</p> <p>11:00 Exercise (E)</p> <p>1:30 Music Social: <i>The Music of Christmas (E)</i></p>	<p>31</p> <p><i>Christmas Sweater Day!</i></p>  <p>1:30 Unscrambling Words (E)</p>	 <p><i>We Wish You and Your Loved ones Safe and Happy Holidays</i></p>

Recreation Activities Calendar

December 2020

5th Floor

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Hand Hygiene: before and after each activity.</p> <p>3 Meter Physical distancing maintained.</p> <p>Masks required during activity.</p>	<p>1</p> <p>10:30 One-on-one Visits 11:00 Walk & Talk 1:30 Christmas Movie: <i>Home Alone (E)</i></p>	<p>2</p> <p>9:30 Exercise (E) 3:00 Reminiscing</p>	<p>3</p> <p><i>Christmas Sweater Day!</i>  10:00 One-on-One Visits 11:00 Brain Teasers</p>	<p>4</p> <p> <i>No Recreation Activities: Christmas Decorating</i></p>
<p>7</p> <p>9:30 Exercise (E) 3:00 Musical Memories</p>	<p>8</p> <p>10:30 One-on-one Visits 11:00 Walk & Talk 1:30 Christmas Movie: <i>Elf (E)</i></p>	<p>9</p> <p>9:30 Exercise (E) 3:00 Reminiscing</p>	<p>10</p> <p><i>Christmas Sweater Day!</i>  10:00 One-on-One Visits 11:00 Brain Teasers</p>	<p>11</p> <p>9:30 Exercise (E) 1:30 Virtual Christmas Concert: <i>Christmas Carols Spectacular (E)</i></p>
<p>14</p> <p>9:30 Exercise (E) 3:00 Musical Memories</p>	<p>15</p> <p>10:30 One-on-one Visits 11:00 Walk & Talk 1:30 Christmas Movie: <i>Noelle (E)</i></p>	<p>16</p> <p>9:30 Exercise (E) 3:00 Reminiscing</p>	<p>17</p> <p><i>Christmas Sweater Day!</i>  10:00 One-on-One Visits 11:00 Brain Teasers</p>	<p>18</p> <p>9:30 Exercise (E) 1:30 Virtual Christmas Concert: <i>Dallas Symphony (E)</i></p>
<p> 21</p> <p>9:30 Exercise (E) 3:00 Musical Memories</p>	<p>22</p> <p>10:30 One-on-one Visits 11:00 Walk & Talk 1:30 Christmas Movie: <i>Miracle on 34th Street (E)</i></p>	<p>23</p> <p>9:30 Exercise (E) 3:00 Reminiscing</p>	<p>24</p> <p><i>Christmas Sweater Day!</i>  10:00 One-on-One Visits 11:00 Brain Teasers</p>	<p>25</p> <p> No Recreation Activities</p>
<p>28</p> <p>9:30 Exercise (E) 3:00 Musical Memories</p>	<p>29</p> <p>10:30 One-on-one Visits 11:00 Walk & Talk 1:30 Christmas Movie: <i>The Santa Clause (E)</i></p>	<p>30</p> <p>9:30 Exercise (E) 3:00 Reminiscing</p>	<p>31</p> <p><i>Christmas Sweater Day!</i>  10:00 One-on-One Visits 11:00 Brain Teasers</p>	<p></p>