

Rosedale Monthly Menu January 2021

12:51 PM
12/18/2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8	9
Beef Barley Soup Broccoli Salad	Corn Chowder Harvest Salad	Beef Gumbo Soup Green Salad w/ Walnut & Raisin	Cream of Turkey Caesar Salad	Ham & Lentil Soup Creamy Dill Tomato Salad	Tomato Vegetable Soup Tossed Salad	Beef Vegetable Soup Mushroom Salad
Turkey Breast Roast, Gravy & Cranberry Sauce	Pork Medallion & Mushroom Sauce	Beef Burgundy	Grilled Pork Chop & Apple Sauce	Salisbury Steak, Sautéed Onion & Gravy (GF)	Grilled Haddock & Lemon Sauce (GF)	BBQ Chicken Drumsticks (GF)
Seafood Salad & a Croissant Garnished w/ Fresh Fruit	Greek Chicken Salad (GF)	Teriyaki Chicken Breast (GF)	Vegetarian Chili (GF)	Chicken Wings, Veggies & Dip	Kubassa, Cabbage Rolls & Perogies	Beef Tortellini w/ Garlic Toast & Tomato Sauce
Yams or Peas & Carrots Mashed Potato Pumpkin Pie or Fruit	Creamed Corn or Green Beans Mashed Potato Coconut Cream Pudding or Fruit	Carrots or Broccoli Mashed Potato or Rice Pecan Pie or Fruit	Fancy Mixed Veg. or Sliced Beets Mashed Potato Apple Crumble or Fruit	Sautéed Mushrooms or Peas Roasted Red Potatoes or Potato Salad Peach Mango Mousse or Fruit	Garden Mixed Veg. Mashed Potato or Perogies Spice Rum Cake or Fruit	Corn or Sautéed Zucchini Mashed Potato or Potato Wedges Cookies & Cream Ice Cream or Fruit
10	11	12	13	14	15	16
Minestrone Soup Multi Bean Salad	Sweet Potato Soup Cucumber Salad	Wonton Soup Oriental Noodle Salad	Cream of Tomato Soup Coleslaw	Yellow Split Pea Soup Mango Power Salad	Corn Chowder Soup Caesar Salad	Beef Rice Soup Mandarin Barley Salad
Roast Beef Dinner (GF), Yorkshire Pudding & Gravy	Country Sausage w/ Sautéed Onions	Beef Stir-Fry (GF)	Garlic Shrimp (GF)	Baked Chicken Breast & Mushroom Sauce	Dill Salmon(GF) & Hollandaise Sauce	Pork Drummies (GF)
Chicken Caesar Salad & Garlic Toast	Shepherds Pie (GF)	Fried Chicken	Mushroom Quiche	Pork Stew	Beef Stroganoff (GF)	Chicken Breast Salad & Croissant
Brussels Sprouts or Fancy Mixed veg. Mashed Potato Yogurt & Berries or Fruit	Peas & Carrots Mashed Potato Lemon Meringue Pie or Fruit	Bokchoy & Baby Corn Mashed Potato or Rice Maple Walnut Ice Cream or Fruit	Garden Mixed Veg. Rice Pilaf or Mashed Potato Butter Tart Sheetcake or Fruit	PEI Mixed Veg. Mashed Potato Baked Apple Slices or Fruit	Broccoli or Peas Mashed Potato or Butter Noodles Strawberry Shortcake or Fruit	Fancy Mixed Veg. Roasted Red Potatoes Tiramisu or Fruit
17	18	19	20	21	22	23
Butternut Squash Soup Tomato & Cucumber Salad	Chicken Vegetable Soup Harvest Salad	Cream of Cauliflower Broccoli Salad	Hamburger Soup Garden Salad	Lentil Soup Tossed Salad	Beef Barley Soup Fruit Salad	Belgian Cabbage Soup Greek Salad
Pork Roast, Apple Sauce & Gravy (GF)	Turkey Schnitzel & Gravy	Ginger Beef & Springroll	Ham Steak & Pineapple Ring	Spaghetti & Meatsauce	Maple Haida Salmon & Lemon Wedge (GF)	Apple Orchard Pork Chop (GF) & Gravy
Cheese & Fruit Platter, Potato Salad & a Bun	Vegetarian Chili	Chicken Stir-Fry	Macaroni & Cheese	Seafood Salad Plate & Croissant	Chicken Penne Alfredo Pasta	Lasagna & Garlic Toast
Braised Red Cabbage or Peas Mashed Potato Sticky Toffee Pudding or Fruit	Broccoli or Carrots Mashed Potato Macadamia Nut Cookie or Fruit	Stir-Fry Veg. Mashed Potato or Rice Pineapple YumYum or Fruit	Garden Mixed Veg. or Creamed Corn Scalloped Potato Choc.Chip Mint Ice Cream or Fruit	Fancy Mixed Veg. Mashed Potato Black Forest Cake or Fruit	Broccoli or Sautéed Zucchini Mashed Potato or Rice Lemon Bar or Fruit	Cauliflower or Green Beans Steamed Red Potato Carrot Cake or Fruit
24	25	26	27	28	29	30
Cream of Tomato Soup Tossed Salad	Vegetable Soup Caesar Salad	Minestrone Soup Tomato & Cucumber Salad	Beef Noodle Soup Carrot & Raisin Salad	Chicken Vegetable Soup Spinach & Strawberry Salad	Seafood Chowder Mimosa Salad	Navy Bean Soup Mushroom Salad
Chicken Cordon Bleu & Mushroom Sauce	Pork Pepper Pot (GF)	Veal Oscar	Crunchy Perch, Tartar Sauce & Lemon	Beef Pot Roast	Bratwurst & Sauerkraut	Sweet & Sour Button Bones (GF)
Cold Cuts, Croissant, Fruit & Cottage Cheese	Cheese Burger	Pancake & Sausage	BBQ Chicken Drumsticks (GF)	Chicken Pot Pie	Fish & Chips with Tartar Sauce	Vegetarian Lasagna & Garlic Toast
Whipped Squash or Fancy Mixed Mashed Potato English Trifle or Fruit	Garden Mixed Veg. Rice or Fries Pumpkin Pie or Fruit	Brussels Sprouts or Carrots Mashed Potato Strawberry Mousse or Fruit	Cauliflower or Corn Baked Potato or Sweet Potato Fries Oatmeal Raisin Cookie or Fruit	Turnips or Fancy Mixed Veg. Mashed Potato Triple Berry Crisp or Fruit	Peas or Carrots Mashed Potato or Fries Lemon Tart or Fruit	Garden Mixed Veg. Mashed Potato Chocolate Cream Pie or Fruit
31	1-Feb	2	3	4	5	6
Barley Mushroom Soup Spinach & Feta Salad	Italian Vegetable Soup Tomato & Cucumber	Cream of Broccoli & Cauliflower Caesar Salad	Tomato Veg. Soup Cabbage Mango Slaw	Corn Chowder Greek Salad	Chicken Veg. Soup Tossed Salad	German Pea Soup Multi Bean Salad
Roast Beef Dinner (GF), Yorkshire Pudding & Gravy	Swedish Meatballs (GF)	Liver & Onions with Bacon & Gravy (GF)	Grilled Tilapia Fish & Tartar Sauce (GF)	Chicken Stir-Fry	Chinese Pepper Steak (GF)	Pork Chop w/ Sautéed Mushrooms & Gravy
Pasta Greek Salad	Vegetarian Burger	Chicken Primavera & Garlic Toast	Beef Stew (GF) & Biscuit	Sweet & Sour Meatballs	Seafood Curry	Spaghetti Bolognese
Brussels or Green Beans Mashed Potato Strawberry Ice Cream or Fruit	Sliced Beets or Fancy Mixed Veg. Buttered Noodles or Mashed Potato Peach Mango Mousse or Fruit	Corn or Zucchini Mashed Potato Chocolate Cake or Fruit	Oriental Mixed veg. Mashed Potato or Potato Pancakes Strawberry Parfait or Fruit	Stir-Fry Mashed Potato Fruit & Cookies	Peas or Cauliflower Mashed Potato or Rice Apple Pie & Ice Cream or Fruit	Corn or Parsnips Mashed Potato Rice Pudding or Fruit

A La Carte Menu Available
 LEGEND: GREEN=MIXED, PORK/BEEF/TURKEY/COLDCUTS ****LAMB=GRAY
 ORANGE=BEEF **** BLUE=SEAFOOD **** PINK=PORK
 YELLOW=CHICKEN **** DARK YELLOW=TURKEY **** VIOLET=BUFFALO