

Rosedale Recreation Activities Calendar

JULY 2021

Villa

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Legend:</u> ** No Recreation staff will be present. (E)- Estates (P)- Park (V)- Villa</p>	<p>Seats for <u>ALL</u> activities available on first come basis. Hand Hygiene: before and after each class. Masks will be mandatory during activities.</p>		<p><u>1</u> Happy Canada Day! No recreation activities.</p>	<p><u>2</u> 10:00 Exercise (V) 1:30 Mental Aerobics (E)</p>
<p><u>5</u> 10:00 Exercise (V) 1:30 Knitting Club (V)** 1:30 Bocce Ball (E)</p>	<p><u>6</u> 9:30 Gentle Chair Yoga (E) 1:30 Outdoor Walk & Talk (E)</p>	<p><u>7</u> 10:00 Exercise (V) 1:30 Music Social (E)</p>	<p><u>8</u> 10:00 Craft Time (E) 1:30 Curling (E)</p>	<p><u>9</u> 10:00 Exercise (V) 1:30 Mental Aerobics (E)</p>
<p><u>12</u> 10:00 Exercise (V) 1:30 Knitting Club (V)** 1:30 Bocce Ball (E)</p>	<p><u>13</u> 9:30 Gentle Chair Yoga (E) 1:30 Outdoor Walk & Talk (E)</p>	<p><u>14</u> 10:00 Exercise (V) 1:30 Music Social (E)</p>	<p><u>15</u> 10:00 Coloring Club (E) 1:30 Curling (E)</p>	<p><u>16</u> 10:00 Exercise (V) 1:30 Mental Aerobics (E)</p>
<p><u>19</u> 10:00 Exercise (V) 1:30 Knitting Club (V)** 1:30 Bocce Ball (E)</p>	<p><u>20</u> 9:30 Gentle Chair Yoga (E) 1:30 Outdoor Walk & Talk (E)</p>	<p><u>21</u> 10:00 Exercise (V) 1:30 Music Social (E)</p>	<p><u>22</u> 10:00 Craft Time (E) 1:30 Curling (E)</p>	<p><u>23</u> 10:00 Exercise (V) 1:30 Mental Aerobics (E)</p>
<p><u>26</u> 10:00 Exercise (V) 1:30 Knitting Club (V)** 1:30 Bocce Ball (E)</p>	<p><u>27</u> 9:30 Gentle Chair Yoga (E) 1:30 Outdoor Walk & Talk (E)</p>	<p><u>28</u> 10:00 Exercise (V) 1:30 Music Social (E)</p>	<p><u>29</u> 10:00 Coloring Club (E) 1:30 Curling (E)</p>	<p><u>30</u> 10:00 Exercise (V) 1:30 Mental Aerobics (E)</p>