

Rosedale Monthly Menu September 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1-Sep	2	3	4
Turkey Noodle Soup Coleslaw	Cream of Potato Soup Cauliflower Salad	Wonton Soup Mango Bean Salad	Cream of Leek Soup Spinach Salad & Strawb. Vinaigrette	Lentil Soup Mushroom Salad	Cream of Tomato Soup Veggies & Dip	Beef & Mushroom Soup Marinated Bean Salad
Louisiana BBQ Ribs (GF)	Chicken Burger w/ Lettuce & Tomato	Veal Cutlet & Gravy	Turkey Schnitzel & Gravy	Pork Drummies (GF)	Garlic Shrimp (GF)	Apple Orchard Pork Chop (GF) & Gravy
Fruit & Cheese Platter w/ Croissant Oven Roasted Root Veg. or Corn Baked Beans or Baked Potato Trifle or ♥ Fruit	Bratwurst Sausage Sauerkraut or Fancy Mixed Veg. Mashed Potato or Fries Apple Pie or ♥ Fruit	Butter Chicken (GF) Broccoli or Sauteed Mushrooms Mashed Potato or Rice Jell-O & Fruit	Perogies & Meat Cabbage Rolls Carrots or Peas Mashed Potato Choc.Chip Mint Ice Cream ♥ Fruit	Crispy Chicken Caesar Salad & Garlic Toast Fancy Mixed Veg. Steamed Red Potatoes with Dill Rice Pudding or or ♥ Fruit	Beef Stir-Fry (GF) Stir-Fry Veg. Mashed Potato or Rice Banana Cake or ♥ Fruit	Pineapple Chicken Balls Broccoli or Butternut Squash Rice or Mashed Potato Blueberry Pie or ♥ Fruit
5	6	7	8	9	10	11
Sweet Potato Soup Banana Nut Salad	Navy Bean Soup Cucumber Salad	Manhattan Clam Chowder Spinach & Feta Salad	Beef Vegetable Soup Veggies & Dip	Chicken Vegetable Greek Salad	Italian Tomato & Rice Soup Tossed Salad	French Onion Soup Melon Salad
Roast Beef Dinner (GF), Yorkshire Pudding & Gravy	Chicken Parmigiana (GF)	Liver & Onions with Bacon & Gravy (GF)	Roasted Chicken Leg (GF)	Veal Oscar	Salmon w/ Creamy Dill Sauce (GF)	Tortierre & Gravy
Chef Salad	Vegetarian Lasagna & Garlic Toast	Oriental Pork Casserole (GF)	Grilled Cod with Dill (GF)	Chicken Curry (GF)	Beef Tortellini w/ Garlic Toast & Tomato Sauce	Chicken Wrap
Mashed Turnips & Carrots Mashed Potato Yogurt & Berries ♥ Fruit	Carrots or Zucchini Mashed Potato Peach Cobbler or ♥ Fruit	Fancy Mixed Veg. Mashed Potato Chocolate Pudding or ♥ Fruit	Sliced Beets or Peas Mashed Potato Pineapple Yumyum or or ♥ Fruit	Pan Fried Brussels Sprouts or PEI Mixed Veg. Mashed Potato or Rice Fruit & Cookies	Broccoli or Fancy Mixed Veg. Mashed Potato or Rice Cherries Jubilee or ♥ Fruit	Garden Mixed Veg. Mashed Potato Strawberry Rhubarb Pie or ♥ or Fruit
12	13	14	15	16	17	18
Beef Barley Soup Creamy Cucumber Salad	Butternut Squash Soup Coleslaw	Vegetable Gumbo Soup Mushroom Salad	Corn Chowder Watermelon Vinaigrette	Ham & Lentil Soup Creamy Dill Tomato Salad	Beef Vegetable Soup Chantilly Fruit Salad	Belgian Cabbage Soup Caesar Salad
Ham Dinner & Pineapple Glaze (GF)	Grilled Dinner Sausage with Onion & Gravy (GF)	Beef Burgundy(GF) & Biscuit	Grilled Pork Chop & Apple Sauce (GF)	Salisbury Steak, Sautéed Onion & Gravy (GF)	Grilled Haddock & Lemon Sauce (GF)	BBQ Chicken Drumsticks (GF)
Seafood Salad & a Croissant Garnished w/ Fresh Fruit	Hot Turkey Open Faced Sandwich & Gravy	Teriyaki Chicken Breast (GF)	Seafood Curry (GF)	Chicken Wings, Veggies & Dip	Kubassa, Cabbage Rolls & Perogies	Lasagna & Garlic Toast
Whipped Squash or Peas Scalloped Potato Pumpkin Pie or ♥ or Fruit	Corn or Green Beans Mashed Potato Coconut Cream Pudding or ♥ Fruit	Carrots or Broccoli Mashed Potato or Rice Pecan Pie or ♥ Fruit	Cauliflower or Sliced Beets Mashed Potato or Roasted Potato Apple Crumble or ♥ Fruit	Sautéed Mushrooms or Peas Mashed Potato or Potato Salad Peach Mango Mousse or ♥ Fruit	Garden Mixed Veg. Mashed Potato or Rice Spice Rum Cake or ♥ Fruit	Corn or Sautéed Zucchini Mashed Potato or Potato Wedges Cookies & Cream Ice Cream or ♥ Fruit
19	20	21	22	23	24	25
Cream of Cauliflower Waldorf Salad	Tomato Macaroni Soup Cucumber Salad	Wonton Soup Oriental Noodle Salad	Cream of Tomato Soup Coleslaw	Turkey Vegetable Soup Mango Power Salad	Beef Rice Soup Caesar Salad	Garden Vegetable Soup Mandarin Barley Salad
Turkey Dinner, Stuffing, Gravy (GF), & Cranberry Sauce	Pork Medallion & Mushroom Sauce	Fried Chicken	Grilled Tilapia & Tartar Sauce (GF)	Baked Chicken Breast & Mushroom Sauce	Baked Blue Cod Fillet & Tartar Sauce (GF)	Beef Stroganoff (GF)
Cold Cuts, Croissant, Fruit & Cottage Cheese	Meatballs & Mushroom Sauce (GF)	Chinese Pepper Steak (GF)	Mushroom Quiche	Beef Pot Roast (GF)	Pork Drummies (GF)	Chicken Breast Salad & Croissant
Yams or Garden Mixed Veg. Mashed Potato Tapioca Pudding ♥ Fruit	Broccoli or Sauteed Zucchini Mashed or Steamed Potato w/ Dill Lemon Meringue Pie or ♥ Fruit	Bok choy & Baby Corn Mashed Potato or Rice Yogurt & Berries ♥ Fruit	Garden Mixed Veg. Rice Pilaf or Mashed Potato Butter Tart Sheetcake or ♥ Fruit	Turnips or Green Beans Mashed Potato ♥ Baked Apple Slices or ♥ Fruit	Broccoli or Peas Mashed Potato or Rice Strawberry Mousse or ♥ Fruit	Fancy Mixed Veg. or Sliced Beets Buttered Noodles or Mashed Potato Tiramisu or ♥ Fruit
26	27	28	29	30	1-Oct	2
Cream of Carrot Soup Tomato & Cucumber Salad	Beef Gumbo Broccoli Salad	Chicken Vegetable Soup Tossed Salad	Hamburger Soup Garden Salad	Broccoli Cheese Soup Greek Salad	Beef Barley Soup Melon Salad	Cream of Tomato Harvest Salad
Veal Roast & Gravy (GF)	Turkey Schnitzel & Gravy	Ginger Beef & Springroll	Ham Steak & Pineapple Ring	Danish Meatloaf & Gravy (GF)	Maple Haida Salmon & Lemon Wedge (GF)	Sweet & Sour Button Bones (GF)
Cheese & Fruit Platter, Potato Salad & a Bun	Vegetarian Chili	Chicken Stir-Fry	Seafood Salad Plate & Croissant	Spinach & Cheese Quiche	Turkey Stew (GF) & Biscuit	Wieners & Beans w/ Biscuit
Braised Red Cabbage or Peas Mashed Potato Sticky Toffee Pudding or ♥ Fruit	PEI Mixed Veg. Mashed Potato Macadamia Nut Cookie or ♥ Fruit	Stir-Fry Veg. (GF) Mashed Potato or Fried Rice Pineapple YumYum or ♥ Fruit	Garden Mixed Veg. or Creamed Corn Scalloped Potato Choc.Chip Mint Ice Cream or ♥ Fruit	Brussels Sprouts or Fancy Mixed Veg. Mashed Potato or Onion Rings Strawberry Shortcake or ♥ Fruit	Peas & Carrots Mashed Potato or Rice Lemon Bar or ♥ Fruit	Garden Mixed Veg. Rice or Mashed Potato Carrot Cake or ♥ Fruit

A La Carte Menu Available

LEGEND: GREEN=MIXED, PORK/BEEF/TURKEY/COLDCUTS ****LAMB=GRAY
ORANGE=BEEF **** BLUE=SEAFOOD **** PINK=PORK
YELLOW=CHICKEN **** DARK YELLOW=TURKEY **** VIOLET=BUFFALO