




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<u>1</u> 10:00 Exercise (V) 1:30 Hymn Sing (E)** 3:00 Curling (E) 7:00 Bingo (E)**	<u>2</u> <b>10:00 River Cree Casino Outing (E)</b> 10:30 Catholic Communion (VC)** 1:30 The Pen of The Prairie Poet (E)** <b>7:00 Entertainment: Arvin Hopcraft (E)</b>	<u>3</u> 10:00 Exercise (V) 2:00 Tea & Chat (E) <b>7:00 Social Night (E)**</b>	<u>4</u> 2:00 Board Games (V)** 6:30 Card Games (E)**
<u>5</u> 11:00 – 1:00 Brunch (E)** 2:00 Billiards (E)** 7:00 Non-Denominational Service (VC)**	<u>6</u> <b>Happy Labour Day!</b> <b>No Recreation Activities</b> 1:30 Knitting Club (V)**	<u>7</u> 9:30 Gentle Chair Yoga (E) 1:30 Mental Aerobics (E) 3:00 Ball Tossers (E)	<u>8</u> 10:00 Exercise (V) 1:30 Musical Memories (E)** 3:00 Curling (E) 7:00 Bingo (E)**	<u>9</u> 10:30 Catholic Communion (VC)** 1:30 The Pen of The Prairie Poet (E)** 3:00 Paint and Sip (E) <b>7:00 Movie Matinee: <u>Dumbo</u> (E)</b>	<u>10</u> 10:00 Exercise (V) 2:00 Tea & Chat (E)	<u>11</u> 2:00 Board Games (V)** 6:30 Card Games (E)**
<u>12</u> <b>Happy Grandparents Day!</b> 11:00 – 1:00 Brunch (E)** 2:00 Billiards (E)** 7:00 Non-Denominational Service (VC)**	<u>13</u> 10:00 Exercise (V) 1:30 Knitting Club (V)** 3:00 Bocce Ball (E)	<u>14</u> <b>1:30 – 3:30 Federal Election Candidates Forum (E)</b>	<u>15</u> 10:00 Exercise (V) 1:30 Hymn Sing (E)** 3:00 Curling (E) 7:00 Bingo (E)**	<u>16</u> 10:30 Catholic Mass (VC)** 1:30 The Pen of The Prairie Poet (E)** 3:00 Bowling (E)	<u>17</u> 10:00 Exercise (V) 2:00 Tea & Chat (E)	<u>18</u> 2:00 Board Games (V)** 6:30 Card Games (E)**
<u>19</u> 11:00 – 1:00 Brunch (E)** 2:00 Billiards (E)** 7:00 Non-Denominational Service (VC)**	<u>20</u> <b>Federal Election Polling Station (Time to be determined)</b> <b>Please look for posters on bulletin boards for more details.</b>	<u>21</u> <b>1:30 – 3:30 Municipal Election Candidates Forum (E)</b>	 <u>22</u> 11:00 Exercise (E) 1:30 Musical Memories (E)** <b>1:30 Birthday Celebration (V)</b> 3:00 Curling (E) 7:00 Bingo (E)**	<u>23</u> <b>Recreation Planning Day: No Activities</b> 10:30 Catholic Communion (VC)** 1:30 The Pen of The Prairie Poet (E)**	<u>24</u> 11:00 Exercise (E) <b>4:15 – 7:00 Harvest Dinner (V)</b>	<u>25</u> 2:00 Board Games (V)** 6:30 Card Games (E)**
<u>26</u> 11:00 – 1:00 Brunch (E)** 2:00 Billiards (E)** 7:00 Non-Denominational Service (VC)**	<u>27</u> 10:00 Exercise (V) 1:30 Knitting Club (V)** 3:00 Bocce Ball (E)	<u>28</u> 9:30 Gentle Chair Yoga (E) 1:30 Mental Aerobics (E) 3:00 Ball Tossers (E)	<u>29</u> 10:00 Exercise (V) 1:30 Musical Memories (E)** 3:00 Curling (E) 7:00 Bingo (E)**	<u>30</u> 10:30 Catholic Communion (VC)** 1:30 The Pen of The Prairie Poet (E)** 3:00 Bowling (E)	<b>(E) – Estates Common Area (V) – Villa Common Area</b> <b>** No recreation staff will be present</b> <b>(EAB)- Estates 2<sup>nd</sup> Floor Assisted Bath</b> <b>(VAB)- Villa 2<sup>nd</sup> Floor Assisted Bath</b> <b>(VC)- Villa Chapel</b>	
<b>In-House Service</b> <b>Shop Easy Fashion</b> – will be at the Estates on Tuesday, September 7 <sup>th</sup> from 9am-1pm. <b>Fifth Avenue Collection</b> – will be at the Estates on Thursday, September 16 <sup>th</sup> from 10am-2pm <b>Rosedale Beauty Salon</b> – Please call Ha at 780-906-8831 <b>Pedi-To-You footcare</b> – Please call Kathy at 780-782-2600 <b>Keep In Touch Massage Therapy</b> – Please call Berni at 780-953-5404				<b>Movie Synopsis</b> <b>Dumbo (2019)</b> - Holt, a circus performer, is tasked with caring for a baby elephant with oversized ears, Dumbo. But when it is discovered that Dumbo can fly, a few wicked men try to take advantage of the situation.		