

# Rosedale Monthly Menu October 2021

7:18 PM  
9/20/2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 Beef Noodle Soup Tossed Salad	4 Chicken Vegetable Soup Caesar Salad	5 Minestrone Soup Tomato & Cucumber Salad	6 Cream of Mushroom Carrot & Raisin Salad	7 Vegetable Gumbo Soup Spinach & Strawberry Salad	8 Seafood Chowder Mimosa Salad	9 Navy Bean Soup Mushroom Salad
Chicken Cordon Bleu & Mushroom Sauce	Grilled Pork Chop & Gravy (GF)	Veal Cutlet	Crunchy Perch, Tartar Sauce & Lemon	Hamburger w/ Cheese	Spaghetti Bolognese	Pork Drummies (GF)
Fruit Platter & Croissant Whipped Squash or Fancy Mixed Mashed Potato English Trifle or ♥ Fruit	Beef Taco Sliced Beets or Garden Mixed Veg. Steamed Potatoes with Dill Butterscotch Pudding or ♥ Fruit	Chicken Bacon Melt Brussels Sprouts or Carrots Mashed Potato Strawberry Mousse or ♥ Fruit	Bratwurst & Sauerkraut Cauliflower or Corn Sweet Potato Fries or Mashed Potato ♥ Oatmeal Raisin Cookie or ♥ Fruit	Chicken a la King (GF) Fancy Mixed Veg. Mashed Potato or Fries Triple Berry Crisp or ♥ Fruit	Grilled Tilapia Fish & Tartar Sauce (GF) Broccoli or Peas & Carrots French Fries Lemon Tart or ♥ Fruit	Chicken Pesto Pasta & Garlic Toast Sauteed Zucchini or Garden Mixed Veg. Mashed Potato Boston Cream Pie or ♥ Fruit
10 Beef Barley Soup Broccoli Salad	11 Corn Chowder Harvest Salad	12 Cream of Broccoli & Cauliflower Mixed Greens	13 Tomato Veg. Soup Cabbage Mango Slaw	14 Corn Chowder Greek Salad	15 Chicken Veg. Soup Tossed Salad	16 German Pea Soup Multi Bean Salad
☉ Turkey Dinner, Gravy, Stuffing & Cranberry Sauce	Ham Dinner & Raisin Glaze	Liver & Onions with Bacon & Gravy (GF)	☉ Baked Blue Cod Fillet & Tartar Sauce (GF)	Chicken Karaage Rice Bowl	Perogies & Meat Cabbage Rolls	Pork Medallion & Mushroom Sauce
Seafood Salad & a Croissant Garnished w/ Fresh Fruit	☉ Greek Chicken Salad (GF)	Pork Stew Corn or Peas Mashed Potato Chocolate Cake or ♥ Fruit	Beef & Mushroom Casserole (GF) Broccoli or PEI Mixed Veg. Steamed Potatoes w/ Dill Strawberry Parfait or ♥ Fruit	Sweet & Sour Meatballs (GF) Stir-Fry Mashed Potato or Rice ♥ Fruit & Cookies	Seafood Curry Oriental Mixed Veg. Mashed Potato or Rice Apple Pie & Ice Cream or ♥ Fruit	☉ BBQ Chicken Drumsticks (GF) Corn or Cauliflower Baked or Mashed Potato Rice Pudding or ♥ Fruit
Yams or Peas & Carrots Mashed Potato Pumpkin Pie or ♥ Fruit	Creamed Corn or Green Beans Scalloped Potato Coconut Cream Pudding or or ♥ Fruit	17 Garden Vegetable Soup Spinach Salad & Fruit Dressing	18 Beef Vegetable Coleslaw	19 Boston Clam Chowder Caesar Salad	20 Wonton Soup Chinese Noodle Salad	21 Broccoli Cheese Soup Tossed Salad
☉ Roast Beef Dinner (GF), Yorkshire Pudding & Gravy	☉ Grilled Tilapia Fish & Tartar Sauce (GF)	22 Louisiana Ribs	23 Beef Burgundy	24 Honey Garlic Porkchop (GF)	25 Garlic Shrimp	26 Crispy Chicken Caesar Salad & a Bun
☉ Chef's Salad (GF)	Butter Chicken (GF) Garden Mixed Veg. Potato Pancakes or Rice Brownies or ♥ Fruit	♣ Mushroom & Cheese Omelet Corn Baked Potato or Hashbrowns Oatmeal Choc.Chip Cookie or ♥ Fruit	Chicken Wings, Veggies & Dip Sliced Beets or Peas Mashed Potato or Fries Lemon Pie or ♥ Fruit	Macaroni & Cheese California Mixed Veg. Mashed Potato or Rice Butter Scotch Pudding or ♥ Fruit	Veal Cutlet & Gravy Veg. Stir-Fry or Sauteed Mushrooms Rice or Mashed Potato Jell-O Parfait or ♥ Fruit	Beef Wellington w/ Gravy Turnips or Garden Mix Veg. Mashed Potato Pineapple Pudding or Fruit
24 Beef Barley Broccoli Salad	25 Cream of Tomato Soup Carrot & Raisin Salad	26 Chicken Vegetable Soup Creamy Dill Tomato Slices	27 Butternut Squash Greek Salad	28 Minestrone Chantilly Fruit Salad	29 Cream of Turkey Basil & Feta Corn Salad	30 Navy Bean Soup California Salad
Lamb Roast(GF) & Mint Jelly	Baked Chicken Drumsticks & Gravy (GF)	Beef Stew (GF) & Biscuit on the Side	Shepherds Pie	Teriyaki Porkchop (GF)	Seafood Salad & a Croissant Garnished w/ Fresh Fruit	Pork Adobo (GF)
Sloppy Joes Braised Cabbage or Peas Baked Potato Strawberry Cheesecake or ♥ Fruit	Fish burger w/ Cheese & Tartar Sauce PEI Mixed Veg. Mashed Potato or Fries Ice Cream or ♥ Fruit	Pancake & Sausage Fancy Mixed Veg. Mashed Potato Chocolate Mousse or ♥ Fruit	☉ Chicken Thigh & Gravy (GF) Cauliflower or Peas Mashed Potato or Sweet Potato Fries Banana Cake or ♥ Fruit	Pizza Garden Mixed Veg. Mashed Potato or Rice ♥ Tapioca Pudding or ♥ Fruit	Spaghetti & Meatsauce Broccoli or Zucchini Spaghetti or Rice Tiramisu or ♥ Fruit	☉ Chicken Wrap Oriental Mixed Veg. Pasta or Mashed Potato Mango Ice Cream or ♥ Fruit
31 Monster Belgian Cabbage Soup Halloween Tossed Salad	1-Nov Wonton Soup Caesar Salad	2 Beef Noodle Soup Melon Salad	3 Corn Chowder Soup Coleslaw	4 Vegetable Soup Spinach Salad & Raspberry Vinaigrette Dressing	5 Seafood Chowder Mango Power Salad	6 Tomato Barley Soup Tomato & Cucumber Salad
☉ Ghoul's Apple Orchard Pork Chop (GF) & Gravy	Baked Salmon & Bechamel Sauce (GF)	Danish Meatloaf (GF)	☉ Grilled Haddock & Lemon Sauce (GF)	☉ Chicken & Mushroom Sauce	Bratwurst Sausage	☉ Beef Pot Roast (GF)
Creepy Lasagna & Garlic Toast	♣ Vegetarian Chili & Garlic Toast Broccoli or Carrots Mashed Potato or Potato Salad Jell-O Parfait or ♥ Fruit	♣ Mushroom Quiche Fancy Mixed Veg. or Sliced Beets Mashed Potato Yogurt & Berries or ♥ Fruit	Beef Goulash (GF) Peas or Italian Mixed Veg. Mashed Potato or Rice Strawberry Rhubarb Cust. ♥ Fruit	Pulled Pork on a Bun Sauteed Zucchini or Garden Mixed veg. Mashed Potato or Spaghetti Butterscotch Pudding or ♥ Fruit	Baked Lemon Sole Peas or Sauerkraut French Fries or Mashed Potato Macadamia Nut Cookie or ♥ Fruit	Crispy Chicken Caesar Salad & Garlic Toast Fancy Mixed Veg. or Brussels Sprouts Mashed Potato Baked Apple & Rum Sauce ♥ Fruit

A La Carte Menu Available

LEGEND: GREEN=MIXED, PORK/BEEF/TURKEY/COLDCUTS \*\*\*\*LAMB=GRAY  
ORANGE=BEEF \*\*\*\* BLUE=SEAFOOD \*\*\*\* PINK=PORK  
YELLOW=CHICKEN \*\*\*\* DARK YELLOW=TURKEY \*\*\*\* VIOLET=BUFFALO