


# Rosedale Recreation Activities Calendar

# Estates/Park


# NOVEMBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(E) – Estates Common Area (V) – Villa Common Area ** No recreation staff will be present	<u>1</u> 9:30 Exercise (E) 11:00 Exercise (E) 1:30 Knitting Club (V)** 3:00 Bocce Ball (E)	<u>2</u> 9:30 Gentle Chair Yoga (E) 1:30 Mental Aerobics (E) 3:00 Ball Tossers (E)	<u>3</u> 9:30 Exercise (E) 11:00 Exercise (E) 1:30 Hymn Sing (E)** 3:00 Curling (E) 7:00 Bingo (E)**	<u>4</u> 10:30 Catholic Communion (VC)** 1:30 Bingo (V) <b>3:00 Taste &amp; Travel (E)</b>	<u>5</u> 9:30 Exercise (E) 11:00 Exercise (E) 1:30 Tea and Chat (E) 3:00 Lawn Darts (E) <b>7:00 Social Night (E)**</b>	<u>6</u> 2:00 Board Games (E)** 6:30 Card Games (E)**
<u>7</u> <b>Daylight Saving Time Ends</b> 11:00 Brunch (E)** 2:00 Billiards (E)** 7:00 Non- Denominational Service (VC)**	<u>8</u> 9:30 Exercise (E) 11:00 Exercise (E) 1:30 Knitting Club (V)** <b>Remembrance Day Service Prep: No Afternoon Activities</b>	<u>9</u> 1:30 Mental Aerobics (E) 3:00 Ladder Golf (E)	<u>10</u> <b>10:30 Remembrance Day Service (E)</b> 1:30 Musical Memories (E)** 3:00 Curling (E) 7:00 Bingo (E)**	<u>11</u>  <b>REMEMBRANCE DAY</b> 10:30 Catholic Communion (VC)** <b>No Recreation Activities</b>	<u>12</u> 9:30 Exercise (E) 11:00 Exercise (E) 1:30 Tea and Chat (E) 3:00 Lawn Darts (E)	<u>13</u> 2:00 Board Games (E)** 6:30 Card Games (E)**
<u>14</u> 11:00 Brunch (E)** 2:00 Billiards (E)** 7:00 Non- Denominational Service (VC)**	<u>15</u> 9:30 Exercise (E) 11:00 Exercise (E) 1:30 Knitting Club (V)** 3:00 Bocce Ball (E)	<u>16</u> 9:30 Gentle Chair Yoga (E) <b>10:00 Resident Council Meeting (VC)</b> 1:30 Mental Aerobics (E) 3:00 Ball Tossers (E)	<u>17</u> 9:30 Exercise (E) 11:00 Exercise (E) 1:30 Hymn Sing (E)** 3:00 Curling (E) 7:00 Bingo (E)**	<u>18</u> 10:30 Catholic Mass (VC)** 1:30 Bingo (V) 3:00 Bowling (E) <b>7:00 Entertainment (E)</b>	<u>19</u> 9:30 Exercise (E) 11:00 Exercise (E) <b>1:30 Birthday Celebrations (E)</b>	<u>20</u> 2:00 Board Games (E)** 6:30 Card Games (E)**
<u>21</u> 11:00 Brunch (E)** 2:00 Billiards (E)** 7:00 Non- Denominational Service (VC)**	<u>22</u> 9:30 Exercise (E) 11:00 Exercise (E) 1:30 Knitting Club (V)** 3:00 Bocce Ball (E)	<u>23</u> 9:30 Gentle Chair Yoga (E) 1:30 Mental Aerobics (E) 3:00 Ladder Golf (E)	<u>24</u> 9:30 Exercise (E) 11:00 Exercise (E) 1:30 Musical Memories (E)** 3:00 Curling (E) 7:00 Bingo (E)**	<u>25</u> 10:30 Catholic Communion (VC)** 1:30 Bingo (V) 3:00 Bowling (E)	<u>26</u> 9:30 Exercise (E) 11:00 Exercise (E) <b>Recreation Planning Day: No Afternoon Activities</b>	<u>27</u> 2:00 Board Games (E)** 6:30 Card Games (E)**
<u>28</u> 11:00 Brunch (E)** 2:00 Billiards (E)** 7:00 Non- Denominational Service (VC)**	<u>29</u> 9:30 Exercise (E) 11:00 Exercise (E) 1:30 Knitting Club (V)** 3:00 Bocce Ball (E)	<u>30</u> 9:30 Gentle Chair Yoga (E) 1:30 Mental Aerobics (E) 3:00 Ball Tossers (E)	<b>In-House Service</b> Shop Easy Fashion – will be at the Villa on Tuesday, November 9th from 9am-1pm. Rosedale Beauty Salon – Please call Ha at 780-906-8831 Pedi-To-You footcare – Please call Kathy at 780-782-2600 Keep In Touch Massage Therapy – Please call Berni at 780-953-5404 Podiatrist – Please see LPN for appointment			

# Rosedale Recreation Activities Calendar

# 5<sup>th</sup> Floor

# NOVEMBER, 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(E) – Estates Common Area (V) – Villa Common Area ** No recreation staff will be present	<u>1</u> 9:30 Exercise (E) 1:15 Bingo 1:45 Walk & Talk 2:15 Categories	<u>2</u> 10:30 Baking 3:00 Ball Tossers (E)	<u>3</u> 9:30 Exercise (E) 1:30 Hymn Sing (E)** 3:00 Walk & Talk 3:30 One-on-One Reminiscing	<u>4</u> 10:30 Catholic Communion (VC)** <b>3:00 Taste &amp; Travel (E)</b>	<u>5</u> 9:30 Exercise (E) 1:30 Tea and Chat (E) 3:00 Lawn Darts (E) <b>7:00 Social Night (E)**</b>	<u>6</u> 2:00 Board Games (E)** 6:30 Card Games (E)**
<u>7</u> <b>Daylight Saving Time Ends</b> 11:00 Brunch (E)** 2:00 Billiards (E)** 7:00 Non- Denominational Service (VC)**	<u>8</u> 9:30 Exercise (E)  <b>Remembrance Day Service Prep: No Afternoon Activities</b>	<u>9</u> 10:30 Baking 3:00 Ball Tossers (E)	<u>10</u> <b>10:30 Remembrance Day Service (E)</b> 1:30 Musical Memories (E)** 3:30 Walk & Talk 3:30 One-on-One Reminiscing	<u>11</u>  <b>REMEMBRANCE DAY</b> 10:30 Catholic Communion (VC)** <b>No Recreation Activities</b>	<u>12</u> 9:30 Exercise (E) 1:30 Tea and Chat (E) 3:00 Lawn Darts (E)	<u>13</u> 2:00 Board Games (E)** 6:30 Card Games (E)**
<u>14</u> 11:00 Brunch (E)** 2:00 Billiards (E)** 7:00 Non- Denominational Service (VC)**	<u>15</u> 9:30 Exercise (E) 1:15 Bingo 1:45 Walk & Talk 2:15 Categories	<u>16</u> <b>10:00 Resident Council Meeting (VC)</b> 3:00 Ball Tossers (E)	<u>17</u> 9:30 Exercise (E) 1:30 Hymn Sing (E)** 3:00 Walk & Talk 3:30 One-on-One Reminiscing	<u>18</u> 10:30 Catholic Mass (VC)** 3:00 Bowling (E) <b>7:00 Entertainment (E)</b>	<u>19</u> 9:30 Exercise (E) <b>1:30 Birthday Celebrations (E)</b>	<u>20</u> 2:00 Board Games (E)** 6:30 Card Games (E)**
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<u>28</u> 11:00 Brunch (E)** 2:00 Billiards (E)** 7:00 Non- Denominational Service (VC)**	<u>29</u> 9:30 Exercise (E) 1:15 Bingo 1:45 Walk & Talk 2:15 Categories	<u>30</u> 10:30 Baking 3:00 Ball Tossers (E)	<b>In-House Service</b> <b>Shop Easy Fashion</b> – will be at the Villa on Tuesday, November 9th from 9am-1pm. <b>Rosedale Beauty Salon</b> – Please call Ha at 780-906-8831 <b>Pedi-To-You footcare</b> – Please call Kathy at 780-782-2600 <b>Keep In Touch Massage Therapy</b> – Please call Berni at 780-953-5404 <b>Podiatrist</b> – Please see LPN for appointment			