

# Rosedale Monthly Menu November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31-Oct Monster Belgian Cabbage Soup Halloween Tossed Salad ⊖ Ghoul's Apple Orchard Pork Chop (GF) & Gravy Creepy Lasagna & Garlic Toast Ghastly Cauliflower or Green Beans Wicked Witches' Steamed Red Potato Vampire's Carrot Cake or ♥ Fruit	1-Nov Wonton Soup Caesar Salad Baked Salmon & Bechamel Sauce (GF) ♣ Vegetarian Chili & Garlic Toast Broccoli or Carrots Mashed Potato or Potato Salad Jell-O Parfait or ♥ Fruit	2 Beef Noodle Soup Melon Salad Danish Meatloaf (GF) ♣ Mushroom Quiche Fancy Mixed Veg. or Sliced Beets Mashed Potato Yogurt & Berries or ♥ Fruit	3 Corn Chowder Soup Coleslaw ⊖ Grilled Haddock & Lemon Sauce (GF) Beef Goulash (GF) Peas or Italian Mixed Veg. Mashed Potato or Rice Strawberry Rhubarb Cust. ♥ Fruit	4 Vegetable Soup Spinach Salad & Raspberry Vinaigrette Dressing ⊖ Chicken & Mushroom Sauce Pulled Pork on a Bun Sauteed Zucchini or Garden Mixed veg. Mashed Potato or Spaghetti Butterscotch Pudding or ♥ Fruit	5 Seafood Chowder Mango Power Salad Bratwurst Sausage Baked Lemon Sole Peas or Sauerkraut French Fries or Mashed Potato Macadamia Nut Cookie or ♥ Fruit	6 Tomato Barley Soup Tomato & Cucumber Salad ⊖ Beef Pot Roast (GF) Crispy Chicken Caesar Salad & Garlic Toast Fancy Mixed Veg. or Brussels Sprouts Mashed Potato Baked Apple & Rum Sauce ♥ Fruit
7 Ham & Lentil Soup Harvest Salad Pork Roast, Apple Sauce & Gravy (GF) Seafood Salad & a Croissant Garnished w/ Fresh Fruit PEI Mixed Veg. or Braised Red Cabbage Scalloped Potatoes Pumpkin Pie or ♥ Fruit	8 Belgium Cabbage Soup Basil & Feta Tomato Salad Chicken Catalina (GF) Pulled Beef on a Bun Broccoli or Corn Mashed Potato or Potato Salad Tapioca Pudding ♥ Fruit	9 Borscht Soup Cucumber Salad w/ Sour Cream Dill Dressing Sweet & Sour Meatballs (GF) Kubassa, Cabbage Rolls & Perogies Garden Mixed Veg. Rice or Perogies Buttertart Square or ♥ Fruit	10 Manhattan Clam Chowder Coleslaw Chicken Wings, Veggies & Dip (GF) Vegetarian Lasagna & Garlic Toast Peas or Cauliflower Oven Roasted Potato Strawberry Mousse or ♥ Fruit	11 Beef Vegetable Tossed Salad Oriental Pork Casserole (GF) Beef Taco Salad Garden Mixed Veg. Mashed Potato Rice Pudding or ♥ Fruit	12 Cream of Cauliflower Greek Salad Grilled Tilapia & Tartar Sauce (GF) Chicken Pesto Pasta Italian Mixed Veg. Rice or Pasta Trifle Cake or ♥ Fruit	13 Italian Tomato & Rice Soup Carrot Raisin Shepherds Pie (GF) Hot Turkey Open Faced Sandwich & Gravy Fancy Mixed Veg. Mashed Potato Chocolate Cake or ♥ Fruit
14 Chicken Veg.Soup Spinach Salad ⊖ Veal Roast & Gravy (GF) Farmer's Omelet with Toast Brussels Sprouts or Peas Mashed Potato Oatmeal Raisin Cookie or ♥ Fruit	15 Boston Clam Chowder Broccoli Salad Ham Steak & Pineapple Ring Spinach & Cheese Quiche Cauliflower or Creamed Corn Scalloped Potato Bread Pudding or ♥ Fruit	16 Navy Bean Soup California Salad Ginger Beef & Springroll ♣ Spinach & Cheese Quiche & a Fruit Cup Bok Choy & Carrots Mashed Potato or Rice Baked Apple Slices w/ Cinnamon or ♥ Fruit	17 Chicken Rice Soup Coleslaw Pork Stew (GF) Baked Salmon & Tartar Sauce (GF) California Mixed Veg. Mashed Potato or Fries Maple Walnut Ice Cream or ♥ Fruit	18 Cream of Asparagus Caesar Salad Chicken Stir-Fry (GF) Spaghetti & Meatsauce Stir-Fry Veg Rice or Spaghetti Pineapple Yumyum Cake or ♥ Fruit	19 German Pea Soup Mushroom Salad ⊖ Baked Blue Cod Fillet & Tartar Sauce (GF) Chicken & Mushroom Sauce (GF) PEI Mixed Veg. or Peas Mashed Potato or Rice Tapioca Pudding or or ♥ Fruit	20 Corn Chowder Beet Salad Pork Tenderloin Cutlet, Apple Sauce & Gravy Chili Con Carne (GF) Butternut Squash or Green Beans Steamed Red Potatoes w/ Dill Peach Cobbler or ♥ Fruit
21 Turkey Noodle Soup Coleslaw Louisiana BBQ Ribs (GF) Fruit & Cheese Platter w/ Croissant Oven Roasted Root Veg. or Corn Baked Beans or Baked Potato Butterscotch Pudding or ♥ Fruit	22 Cream of Potato Soup Cauliflower Salad Chicken Burger w/ Lettuce & Tomato Beef Stew (GF) Sauerkraut or Sauteed Mushrooms Mashed Potato or Fries Apple Pie or ♥ Fruit	23 Wonton Soup Diplomat Salad Teriyaki Porkchop (GF) Butter Chicken (GF) Garden Mixed Veg. Mashed Potato or Rice Jell-O & Fruit	24 Cream of Leek Soup Spinach Salad & Strawb. Vinaigrette Turkey Schnitzel & Gravy Beef Stroganoff & Biscuit Carrots or Sliced Beets Mashed Potato Choc.Chip Mint Ice Cream ♥ Fruit	25 Lentil Soup Mushroom Salad Pork Drummies (GF) Chicken Karaage Rice Bowl Fancy Mixed Veg. Steamed Red Potatoes with Dill Rice Pudding or or ♥ Fruit	26 Cream of Tomato Soup Veggies & Dip Garlic Shrimp (GF) Veal Cutlet Stir-Fry Veg. Mashed Potato or Rice Banana Cake or ♥ Fruit	27 Beef & Mushroom Soup Tossed Salad ⊖ Apple Orchard Pork Chop (GF) & Gravy Pineapple Chicken Balls Broccoli or Butternut Squash Rice or Mashed Potato Blueberry Pie or ♥ Fruit
28 Sweet Potato Soup Banana Nut Salad ⊖ Roast Beef Dinner (GF), Yorkshire Pudding & Gravy Chef Salad Mashed Turnips & Carrots Mashed Potato Yogurt & Berries ♥ Fruit	29 Navy Bean Soup Cucumber Salad Chicken Parmigiana (GF) Meatballs & Mushroom Sauce (GF) Carrots or Zucchini Mashed Potato Tiramisu or ♥ Fruit	30 Manhattan Clam Chowder Spinach & Feta Salad Liver & Onions with Bacon & Gravy (GF) Pork Button Bones (GF) Fancy Mixed Veg. Mashed Potato Chocolate Pudding or ♥ Fruit	1-Dec Beef Vegetable Soup Veggies & Dip Roasted Chicken Leg (GF) Grilled Cod with Dill (GF) Cauliflower or Peas Mashed Potato Pineapple Yumyum or or ♥ Fruit	2 Chicken Vegetable Greek Salad Beef Stir-Fry (GF) ⊖ Chicken Curry (GF) Pan Fried Brussels Sprouts or PEI Mixed Veg. Mashed Potato or Rice Fruit & Cookies	3 Italian Tomato & Rice Soup Tossed Salad ⊖ Salmon w/ Creamy Dill Sauce (GF) Beef Tortellini w/ Garlic Toast & Tomato Sauce Broccoli or Fancy Mixed Veg. Mashed Potato or Rice Cherries Jubilee or ♥ Fruit	4 French Onion Soup Melon Salad Tortierre & Gravy Chicken Wrap Garden Mixed Veg. Mashed Potato Strawberry Rhubarb Pie or ♥ or Fruit

A La Carte Menu Available

LEGEND: GREEN=MIXED, PORK/BEEF/TURKEY/COLDCUTS \*\*\*\*LAMB=GRAY  
ORANGE=BEEF \*\*\*\* BLUE=SEAFOOD \*\*\*\* PINK=PORK  
YELLOW=CHICKEN \*\*\*\* DARK YELLOW=TURKEY \*\*\*\* VIOLET=BUFFALO