

# Rosedale Monthly Menu January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2-Jan	3	4	5	6	7	8
Beef Barley Soup Broccoli Salad	Chicken Veg.Soup Harvest Salad	Cream of Broccoli & Cauliflower Mixed Greens	Tomato Veg. Soup Cabbage Mango Slaw	Beef Barley Greek Salad	Borscht Soup Tomato & Cucumber w/ Sour Cream Dressing	German Pea Soup Multi Bean Salad
☉ Turkey Dinner, Gravy, Stuffing & Cranberry Sauce	Spaghetti & Meatsauce & Garlic Toast	Teriyaki Porkchop (GF)	☉ Baked Blue Cod Fillet & Tartar Sauce (GF)	Chicken Kara age Rice Bowl	Kubassa, Cabbage Rolls, Nalysnyky & Perogies	Pork Medallion & Mushroom Sauce
Seafood Salad & a Croissant Garnished w/ Fresh Fruit	☉ Greek Chicken Salad (GF)	♣Vegetable Quiche	Beef & Mushroom Casserole (GF)	Sweet & Sour Meatballs (GF)	Beef Stew (GF) & Biscuit on the Side	☉ BBQ Chicken Drumsticks (GF)
Yams or PEI Mixed Veg. Mashed Potato Peach Pie or ♥ Fruit	Sauteed Zucchini or Fancy Mixed Veg. Spaghetti Coconut Cream Pudding or or ♥ Fruit	Garden Mixed Veg. Mashed Potato Chocolate Cake or ♥ Fruit	Cauliflower or Peas Steamed Potatoes w/ Dill Strawberry Parfait or ♥ Fruit	Stir-Fry Mashed Potato or Rice ♥ Fruit & Cookies	Fancy Mixed Veg. Mashed Potato Ukrainian Apple Cake or ♥ Fruit	Corn or Cauliflower Baked or Mashed Potato Rice Pudding or ♥ Fruit
9	10	11	12	13	14	15
Garden Vegetable Soup Spinach Salad & Fruit Dressing	Cream of Asparagus Pear & Carrot Salad	Beef Vegetable Coleslaw	Ham & Lentil Soup Creamy Dill Tomato Salad	Boston Clam Chowder Caesar Salad	Wonton Soup Chinese Noodle Salad	Broccoli Cheese Soup Tossed Salad
☉ Veal Roast & Gravy (GF)	☉ Grilled Tilapia Fish & Tartar Sauce (GF)	Louisiana Ribs (GF)	Beef Burgundy (GF)	Honey Garlic Porkchop (GF)	Garlic Shrimp	Crispy Chicken Caesar Salad & a Bun
☉ Chef's Salad (GF)	Butter Chicken (GF)	♣ Mushroom & Cheese Omelet	Chicken Wings, Veggies & Dip	Macaroni & Cheese	Beef Wellington w/ Gravy	Veal Cutlet & Gravy
Brussels Sprouts or Corn Mashed Potato Carrot Cake or ♥ Fruit	Garden Mixed Veg. or Peas Potato Pancakes or Rice Brownies or ♥ Fruit	Corn Baked Potato or Hashbrowns Oatmeal Choc.Chip Cookie or ♥ Fruit	Sliced Beets or Fancy Mixed Veg. Mashed Potato or Fries Lemon Pie or ♥ Fruit	California Mixed Veg. Mashed Potato or Rice Butter Scotch Pudding or ♥ Fruit	Veg. Stir-Fry or Sauteed Mushrooms Rice or Mashed Potato Jell-O Parfait or ♥ Fruit	Turnips or Garden Mix Veg. Mashed Potato Pineapple Pudding or Fruit
16	17	18	19	20	21	22
Beef Barley Soup Broccoli Salad	Cream of Tomato Soup Carrot & Raisin Salad	Navy Bean Soup Creamy Dill Tomato Slices	Butternut Squash Greek Salad	Chicken Vegetable Soup Chantilly Fruit Salad	Cream of Turkey Basil & Feta Corn Salad	Minestrone California Salad
Turkey Breast Roast, Gravy & Cranberry Sauce	Beef Stew (GF) & Biscuit on the Side	Baked Chicken Drumsticks & Gravy (GF)	Shepherds Pie (GF)	Pork Stew (GF)	Seafood Salad & a Croissant Garnished w/ Fresh Fruit	Liver & Onions with Bacon & Gravy (GF)
Sloppy Joes	Fish Burger & Tartar Sauce	Pancake & Sausage	☉ Chicken Thigh & Gravy (GF)	Pizza	Spaghetti & Meatballs	☉ Chicken Wrap
PEI Mixed Veg. or Yams Mashed Potato Strawberry Cheesecake or ♥ Fruit	Peas & Carrots Mashed Potato or Fries Ice Cream or ♥ Fruit	Corn or Green Beans Mashed Potato Chocolate Mousse or ♥ Fruit	Fancy Mixed Veg. Mashed Potato or Sweet Potato Fries Banana Cake or ♥ Fruit	Garden Mixed Veg. Mashed Potato or Rice ♥ Tapioca Pudding or ♥ Fruit	Broccoli or Zucchini Spaghetti Tiramisu or ♥ Fruit	Peas or Corn Mashed Potato Mango Ice Cream or ♥ Fruit
23	24	25	26	27	28	29
Belgian Cabbage Soup Tossed Salad	Vegetable Soup Caesar Salad	Beef Noodle Soup Melon Salad	Corn Chowder Soup nach Salad & Raspberry Vinaigrette Dress	Hamburger Soup Coleslaw	Seafood Chowder Mango Power Salad	Tomato Barley Soup Tomato & Cucumber Salad
☉ Roast Beef Dinner (GF), Yorkshire Pudding & Gravy	Baked Salmon & Bechamel Sauce (GF)	☉ Orchard Pork Chop (GF) & Gravy	☉ Grilled Haddock & Lemon Sauce (GF)	☉ Chicken & Mushroom Sauce (GF)	Bratwurst Sausage	Beef Goulash (GF)
Chef Salad	♣ Vegetarian Chili & Garlic Toast	♣ Mushroom Quiche	Danish Meatloaf (GF)	Pulled Pork on a Bun	Baked Haddock & Hollandaise Sauce	Crispy Chicken Caesar Salad & Garlic Toast
Brussels Sprouts or Green Beans Mashed Potato Carrot Cake or ♥ Fruit	Broccoli or Carrots Mashed Potato or Rice Jell-O Parfait or ♥ Fruit	Fancy Mixed Veg. or Sliced Beets Steamed Potatoes Yogurt & Berries or ♥ Fruit	Peas or Italian Mixed Veg. Mashed Potato or Rice Strawberry Rhubarb Cust. ♥ Fruit	Sauteed Zucchini or Garden Mixed veg. Mashed Potato or French Fries Butterscotch Pudding or ♥ Fruit	Peas or Sauerkraut Baked Potato Wedges Macadamia Nut Cookie or ♥ Fruit	Fancy Mixed Veg. or Brussels Sprouts Mashed Potato Baked Apple & Rum Sauce ♥ Fruit
30	31	1-Feb	2	3	4	5
Ham & Lentil Soup Harvest Salad	Cream of Mushroom Basil & Feta Tomato Salad	Wonton Soup Chinese Noodle Salad	Manhattan Clam Chowder Tossed Salad	Beef Vegetable Coleslaw	Cream of Cauliflower Greek Salad	Italian Tomato & Rice Soup Carrot Raisin
Pork Roast, Apple Sauce & Gravy (GF)	Chicken Catalina (GF)	Ginger Beef & Springroll	Oriental Pork Casserole (GF)	Fried Chicken	Grilled Tilapia & Tartar Sauce (GF)	Shepherds Pie (GF)
Seafood Salad & a Croissant Garnished w/ Fresh Fruit	Pulled Beef on a Bun	Pineapple Chicken Balls	Vegetarian Lasagna & Garlic Toast	Beef Taco Salad	Chicken Pesto Pasta	Hot Turkey Open Faced Sandwich & Gravy
PEI Mixed Veg. or Braised Red Cabbage Scalloped Potatoes Blueberry Pie or ♥ Fruit	Broccoli or Corn Mashed Potato or Potato Salad Tapioca Pudding ♥ Fruit	Veg. Stir-Fry Rice or Mashed Potato Custard Tart & Fortune Cookie or ♥ Fruit	Peas or Cauliflower Mashed Potato Strawberry Mousse or ♥ Fruit	Garden Mixed Veg. Oven Roasted or Mashed Potato Rice Pudding or ♥ Fruit	Italian Mixed Veg. Rice or Pasta Trifle Cake or ♥ Fruit	Fancy Mixed Veg. Mashed Potato Chocolate Cake or ♥ Fruit

A La Carte Menu Available  
 LEGEND: GREEN=MIXED, PORK/BEEF/TURKEY/COLDCUTS \*\*\*\*LAMB=GRAY  
 ORANGE=BEEF \*\*\*\* BLUE=SEAFOOD \*\*\*\* PINK=PORK  
 YELLOW=CHICKEN \*\*\*\* DARK YELLOW=TURKEY \*\*\*\* VIOLET=BUFFALO