

Rosedale Monthly Menu

April 2022

12:34 PM
3/23/2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27-Mar	28	29	30	31	1-Apr	2
Beef Barley Soup Potato Salad	Chicken Veg. Soup Greek Salad	Cream of Broccoli & Cauliflower Mixed Greens	Tomato Veg. Soup Cabbage Mango Slaw	Beef Barley Garden Salad	Borscht Soup Tomato & Cucumber w/ Sour Cream Dressing	German Pea Soup Multi Bean Salad
☉ Turkey Dinner, Gravy, Stuffing & Cranberry Sauce	Spaghetti & Meatsauce & Garlic Toast	Teriyaki Porkchop (GF)	☉ Baked Blue Cod Fillet & Tartar Sauce (GF)	Pulled Pork on a Bun	Chicken Kara age Rice Bowl	Pork Medallion & Mushroom Sauce
Seafood Salad & a Croissant Garnished w/ Fresh Fruit	☉ Greek Chicken Salad (GF)	♣Vegetable Quiche	Beef & Mushroom Casserole (GF)	Sweet & Sour Meatballs (GF)	Beef Stew (GF) & Biscuit on the Side	☉ BBQ Chicken Drumsticks (GF)
Yams or PEI Mixed Veg. Mashed Potato Peach Pie or ♥ Fruit	Sauteed Zucchini or Fancy Mixed Veg. Spaghetti Coconut Cream Pudding or or ♥ Fruit	Garden Mixed Veg. Mashed Potato Chocolate Cake or ♥ Fruit	Broccoli or Peas Steamed Potatoes w/ Dill Strawberry Rhubarb Custard or ♥ Fruit	Stir-Fry Mashed Potato or Rice ♥ Fruit & Cookies	Fancy Mixed Veg. Mashed Potato Ukrainian Apple Cake or ♥ Fruit	Corn or Cauliflower Baked or Mashed Potato Rice Pudding or ♥ Fruit
3	4	5	6	7	8	9
Garden Vegetable Soup Spinach Salad & Fruit Dressing	Cream of Asparagus Pear & Carrot Salad	Beef Vegetable Coleslaw	Ham & Lentil Soup Green Salad	Boston Clam Chowder Caesar Salad	Turkey Noodle Soup Tossed Salad	Broccoli Cheese Soup Greek Salad
☉ Veal Roast & Gravy (GF)	☉ Grilled Tilapia Fish & Tartar Sauce (GF)	Louisiana Ribs (GF)	Beef Burgundy (GF)	Honey Garlic Porkchop (GF)	Seafood Salad & a Croissant Garnished w/ Fresh Fruit	Baked Chicken Breast
☉ Chef's Salad (GF)	Butter Chicken (GF)	♣ Mushroom & Cheese Omelet	Chicken Wings, Veggies & Dip	Macaroni & Cheese	Beef Wellington w/ Gravy	Veal Cutlet & Gravy
Brussels Sprouts or Corn Mashed Potato Carrot Cake or ♥ Fruit	Garden Mixed Veg. Potato Pancakes or Rice Brownies or ♥ Fruit	Corn Baked Potato or Hashbrowns Oatmeal Choc. Chip Cookie or ♥ Fruit	Sliced Beets or Fancy Mixed Veg. Mashed Potato or Sweet Potato Fries Lemon Pie or ♥ Fruit	California Mixed Veg. Mashed Potato or Rice Butter Scotch Pudding or ♥ Fruit	Carrots or Sauteed Mushrooms Rice or Mashed Potato Jell-O Parfait or ♥ Fruit	Turnips or Garden Mix Veg. Mashed Potato Pineapple Pudding or Fruit
10	11	12	13	14	15	16
Beef Gumbo Soup Broccoli Salad	Cream of Tomato Soup Carrot & Raisin Salad	Navy Bean Soup Creamy Dill Tomato Slices	Butternut Squash Greek Salad	Chicken Vegetable Soup Caesar Salad	Seafood Chowder Basil & Feta Corn Salad	Minestrone California Salad
Ham Dinner & Pineapple Glaze	Chopped Steak & Onions	Baked Chicken Drumsticks & Gravy (GF)	Shepherds Pie (GF)	Pork Stew (GF)	Garlic Shrimp	Liver & Onions with Bacon & Gravy (GF)
Chilli & Biscuit	Fish Burger & Tartar Sauce	Pancake & Sausage	☉ Chicken Thigh & Gravy (GF)	Pizza	Spaghetti & Meatsauce	☉ Chicken Wrap
PEI Mixed Veg. or Squash Scalloped Potato Strawberry Cheesecake or ♥ Fruit	Carrots or Peas Mashed Potato or Fries Ice Cream or ♥ Fruit	Corn or Green Beans Mashed Potato Chocolate Mousse or ♥ Fruit	Fancy Mixed Veg. Mashed Potato or Sweet Potato Fries Banana Cake or ♥ Fruit	Garden Mixed Veg. Mashed Potato or Rice ♥ Tapioca Pudding or ♥ Fruit	Broccoli or Zucchini Spaghetti Tiramisu or ♥ Fruit	Peas or Corn Mashed Potato Mango Ice Cream or ♥ Fruit
17	18	19	20	21	22	23
Belgian Cabbage Soup Tossed Salad	Beef Noodle Soup Tossed Salad	Vegetable Soup Melon Salad	Corn Chowder Nach Salad & Raspberry Vinaigrette Dressing	Hamburger Soup Coleslaw	Chicken Gumbo Soup Mango Power Salad	Cream of Broccoli Tomato & Cucumber Salad
☉ Roast Beef Dinner (GF), Yorkshire Pudding & Gravy	Baked Salmon & Bechamel Sauce (GF)	Cheeseburger	Danish Meatloaf (GF)	☉ Chicken & Mushroom Sauce (GF)	Bratwurst Sausage	Beef Goulash (GF)
Chef Salad	♣ Vegetarian Chili & Garlic Toast	♣ Mushroom Quiche	Fish & Chips	Ham Steak & Pineapple Ring	Baked Haddock & Hollandaise Sauce	Hotdog
Brussels Sprouts or Green Beans Mashed Potato Carrot Cake or ♥ Fruit	Broccoli or Carrots Mashed Potato or Rice Jell-O Parfait or ♥ Fruit	Fancy Mixed Veg. or Sliced Beets Fries or Mashed Potato Yogurt & Berries or ♥ Fruit	Italian Mixed Veg. or Sliced Beets Mashed Potato or Fries Strawberry Rhubarb Pie or ♥ Fruit	Sauteed Zucchini or Cauliflower w/ Cheese Sauce Mashed or Scalloped Potato Chocolate Pudding or ♥ Fruit	Green Beans or Sauerkraut Baked Potato Wedges Macadamia Nut Cookie or ♥ Fruit	Fancy Mixed Veg. Mashed Potato or Fries Baked Apple & Rum Sauce ♥ Fruit
24	25	26	27	28	29	30
Cream of Mushroom Harvest Salad	Ham & Lentil Soup Mimosa Salad	Wonton Soup Chinese Noodle Salad	Manhattan Clam Chowder Tossed Salad	Beef Vegetable Coleslaw	Cream of Cauliflower Tomato & Cucumber Slices	Italian Tomato & Rice Soup Carrot Raisin
Pork Roast, Apple Sauce & Gravy (GF)	Chicken Catalina (GF)	Ginger Beef & Springroll	Oriental Pork Casserole (GF)	Fried Chicken	Grilled Tilapia & Tartar Sauce (GF)	Beef Stir-Fry
Crispy Chicken Caesar Salad & Garlic Toast	Pulled Beef on a Bun	Baked Chicken Leg	Vegetarian Lasagna & Garlic Toast	Beef Taco Salad	Chicken Pesto Pasta	Hot Turkey Open Faced Sandwich & Gravy
PEI Mixed Veg. or Braised Red Cabbage Scalloped Potatoes Blueberry Pie or ♥ Fruit	Broccoli or Corn Mashed Potato or Potato Salad Pineapple Yumyum Cake or ♥ Fruit	Veg. Stir-Fry Rice or Mashed Potato Custard Tart & Fortune Cookie or ♥ Fruit	Garden Mixed Veg. Mashed Potato Strawberry Mousse or ♥ Fruit	Corn or Peas Oven Roasted or Mashed Potato Rice Pudding or ♥ Fruit	Italian Mixed Veg. Rice or Pasta Trifle Cake or ♥ Fruit	Veg. Stir-fry Mashed Potato or Rice Chocolate Cake or ♥ Fruit

A La Carte Menu Available

LEGEND: GREEN=MIXED, PORK/BEEF/TURKEY/COLDCUTS ****LAMB=GRAY
ORANGE=BEEF **** BLUE=SEAFOOD **** PINK=PORK
YELLOW=CHICKEN **** DARK YELLOW=TURKEY **** VIOLET=BUFFALO