

Rosedale Monthly Menu May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1-May	2	3	4	5	6	7
Chicken Veg.Soup Chantilly	Boston Clam Chowder Broccoli Salad	Lentil Soup Spinach & Feta Salad	Chicken Rice Soup Coleslaw	Cream of Asparagus Caesar Salad	German Pea Soup Mushroom Salad	Tomato Macaroni Soup Beet Salad
Veal Roast & Gravy (GF)	Ham Steak & Pineapple Ring	Liver & Onions with Bacon & Gravy (GF)	South Asian Pork Stew (GF)	Turkey Breast Roast (GF) & Gravy	Baked Blue Cod Fillet (GF) & Tartar Sauce	Pork Tenderloin Cutlet, Apple Sauce & Gravy
Farmer's Omelet with Toast Brussels Sprouts or Carrots Mashed Potato Oatmeal Raisin Cookie or Fruit	Vegetarian Lasagna & Garlic Toast Peas or Creamed Corn Scalloped Potato Vanilla Pudding or Fruit	Pork Button Bones (GF) Fancy Mixed Veg. Mashed Potato Chocolate Pudding or or Fruit	Salmon Salad(GF) & Dinner Roll California Mixed Veg. Mashed Potato or Rice Maple Walnut Ice Cream or Fruit	Spaghetti & Meatsauce Corn or Sautéed Zucchini Mashed Potato or Spaghetti Pineapple Yumyum Cake or Fruit	Emperor Beef Stir-Fry (GF) Stir-fry Veg. or Peas Mashed Potato or Rice Rice Pudding or or Fruit	Greek Salad & Oregano Marinated Chicken Cauliflower or Green Beans Steamed Red Potatoes w/ Dill Peach Pie or Fruit
8	9	10	11	12	13	14
Turkey Noodle Soup Garden Salad	Beef Vegetable Soup Coleslaw	Pea Soup Diplomat Salad	Cream of Leek Soup Spinach Salad & Strawb. Vinaigrette	Chicken Vegetable Soup Mushroom Salad	Wonton Soup Veggies & Dip	Beef & Mushroom Soup Tossed Salad
Louisiana BBQ Ribs (GF)	Cheeseburger	Pork U Pine Meatballs (GF)	Turkey Schnitzel & Gravy	Pork Drummies (GF)	Garlic Shrimp (GF)	Honey Garlic Pork Chop (GF)
Fruit & Cheese Platter w/ Croissant Oven Roasted Root Veg. or Corn Baked Beans or Baked Potato Butterscotch Pudding or Fruit	Beer Battered Cod Fish & Chips Peas Mashed Potato or French Fries Strawberry Cheesecake or Fruit	Mushroom & Cheese Omelet Garden Mixed Veg. Mashed Potato or Rice Jell-O & Fruit	Beef Stroganoff (GF) & Biscuit Carrots or Sliced Beets Mashed Potato Choc.Chip Mint Ice Cream Fruit	Chicken Karaage Rice Bowl Fancy Mixed Veg. Steamed Red Potatoes with Dill or Rice Vanilla Pudding or Fruit	Chopped Steak & Onions Broccoli or PEI Mixed Veg. Mashed Potato or Rice Banana Cake or Fruit	Pineapple Chicken Balls Stir-fry Veg. Rice or Mashed Potato Cherry Pie or Fruit
15	16	17	18	19	20	21
Sweet Potato Soup Banana Nut Salad	Navy Bean Soup Basil & Feta Corn Salad	Cream of Tomato California Salad	Beef Vegetable Soup Veggies & Dip	Italian Tomato & Rice Soup Greek Salad	Chicken Vegetable Tossed Salad	French Onion Soup Melon Salad
Roast Beef Dinner (GF), Yorkshire Pudding & Gravy	Chicken Parmigiana (GF)	Ginger Beef & Springroll	Roasted Chicken Leg (GF)	Beef Stir-Fry (GF)	Grilled Cod	Tortierre & Gravy
Chef Salad Mashed Turnips & Carrots Mashed Potato Yogurt & Berries Fruit	Meatballs & Mushroom Sauce (GF) Carrots or Zucchini Mashed Potato or Pasta Tiramisu or Fruit	Spinach & Cheese Quiche & a Fruit Cup Bok Choy & Broccoli Mashed Potato or Rice Apple Pie or Fruit	Seafood Salad (GF) & a Bun Cauliflower or Peas Mashed Potato Pineapple Yumyum or or Fruit	Chicken Curry (GF) Garden Mixed Veg. Mashed Potato or Rice Fruit & Cookies	Beef Tortellini w/ Garlic Toast & Tomato Sauce Broccoli or Fancy Mixed Veg. Steamed Potato w/ Dill or Rice Strawberry Sundae or Fruit	Baked Chicken (GF) Corn or Peas Mashed Potato Strawberry Rhubarb Pie or or Fruit
22	23	24	25	26	27	28
Beef Barley Soup Creamy Cucumber Salad	Butternut Squash Soup Coleslaw	Minestrone Soup Mimosa Salad	Yellow Pea Soup Carrot & Raisin Salad	Chicken Rice Soup Creamy Dill Tomato Salad	Beef Vegetable Soup Mushroom Salad	Belgian Cabbage Soup Caesar Salad
Honey Mustard Ham (GF)	Grilled Dinner Sausage with Onion & Gravy (GF)	Beef Stew & Biscuit	Tilapia Fish Fillet & Tartar Sauce	Salisbury Steak, Sautéed Onion & Gravy (GF)	Baked Salmon & Lemon Sauce (GF)	BBQ Chicken Drumsticks (GF)
Mediterranean Tuna Salad & Focaccia Bread	Chicken Cacciatore	Pancake & Sausage	Chicken Stir-Fry (GF)	Chicken Wings, Veggies & Dip	Apple Orchard Pork Chop	Lasagna & Garlic Toast
Whipped Squash or Green Beans Scalloped Potato Pumpkin Pie or or Fruit	Corn or Sautéed Zucchini Mashed Potato or Pasta Coconut Cream Pudding or Fruit	Fancy Mixed Veg. Mashed Potato Chocolate Mousse or Fruit	Garden Mixed Veg. Mashed Potato or Potato Wedges Chocolate Cake or Fruit	Sautéed Mushrooms or Peas Mashed Potato or Potato Salad Peach Mango Mousse or Fruit	Garden Mixed Veg. Mashed Potato or Rice Spice Rum Cake or Fruit	Corn or Sautéed Zucchini Mashed Potato or Sweet Potato Fries Cookies & Cream Ice Cream or Fruit
29	30	31	1-Jun	2	3	4
Cream of Cauliflower Waldorf Salad	Tomato Macaroni Soup Tossed Salad	Beef Barley Garden Salad	Italian Veg. Soup Coleslaw	Turkey Vegetable Soup Mango Power Salad	Beef Rice Soup Cucumber Salad	Garden Vegetable Soup Mandarin Barley Salad
Pork Roast, Apple Sauce & Gravy (GF)	Turkey Schnitzel & Gravy	Fried Chicken	Fish burger w/ Lettuce & Tartar Sauce	Baked Chicken Breast (GF) & Honey Mustard Sauce	Baked Blue Cod Fillet & Tartar Sauce (GF)	Beef Stroganoff (GF)
Cold Cuts, Croissant, Fruit & Cottage Cheese	Sweet & Sour Meatballs (GF)	Pulled Pork on a Bun	Veal Blanquette (GF)	Mushroom Quiche	Bratwurst Sausage	Chicken Breast Salad & Croissant
Whipped Squash or Fancy Mixed veg. Mashed Potato Tapioca Pudding Fruit	Garden Mixed Veg. Steamed Potato w/ Dill or Noodles Lemon Meringue Pie or Fruit	Corn or Peas Mashed Potato or Baked Beans Yogurt & Berries Fruit	Fancy Mixed Veg. Yam Fries or Mashed Potato Butter Tart Sheetcake or Fruit	Garden Mixed Veg. Mashed Potato or Rice Baked Apple Slices or Fruit	Sauerkraut or Peas Oven Roasted Potato or Rice Strawberry Mousse or Fruit	Fancy Mixed Veg. or Sliced Beets Buttered Noodles or Mashed Potato Oatmeal Cookie or Fruit

A La Carte Menu Available

LEGEND: GREEN=MIXED, PORK/BEEF/TURKEY/COLDCUTS ****LAMB=GRAY
ORANGE=BEEF **** BLUE=SEAFOOD **** PINK=PORK
YELLOW=CHICKEN **** DARK YELLOW=TURKEY **** VIOLET=BUFFALO