

Rosedale Monthly Menu June 2022

2:11 PM
5/23/2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 Cream of Cauliflower Waldorf Salad Pork Roast, Apple Sauce & Gravy (GF) Cold Cuts, Croissant, Fruit & Cottage Cheese Whipped Squash or Fancy Mixed veg. Mashed Potato Tapioca Pudding ▼ Fruit	30 Tomato Macaroni Soup Tossed Salad Turkey Schnitzel & Gravy Sweet & Sour Meatballs (GF) Garden Mixed Veg. Steamed Potato w/ Dill or Noodles Lemon Meringue Pie or ▼ Fruit	31 Beef Barley Garden Salad Fried Chicken Pulled Pork on a Bun Corn or Peas Mashed Potato or Baked Beans ▼ Yogurt & Berries ▼ Fruit	1-Jun Italian Veg. Soup Coleslaw Fish burger w/ Lettuce & Tartar Sauce Veal Blanquette (GF) Fancy Mixed Veg. Yam Fries or Mashed Potato Butter Tart Sheetcake or ▼ Fruit	2 Turkey Vegetable Soup Mango Power Salad Baked Chicken Breast (GF) & Honey Mustard Sauce Mushroom Quiche Garden Mixed Veg. Mashed Potato or Rice ▼ Baked Apple Slices or ▼ Fruit	3 Beef Rice Soup Cucumber Salad Baked Blue Cod Fillet & Tartar Sauce (GF) Bratwurst Sausage Sauerkraut or Peas Oven Roasted Potato or Rice Strawberry Mousse or ▼ Fruit	4 Garden Vegetable Soup Mandarin Barley Salad Beef Stroganoff (GF) Chicken Breast Salad & Croissant Fancy Mixed Veg. or Sliced Beets Buttered Noodles or Mashed Potato Oatmeal Cookie or ▼ Fruit
5 Cream of Carrot Soup Basil & Feta Corn Salad Veal Roast & Gravy (GF) Chef Salad (GF) Brussels Sprouts or Peas Mashed Potato Lemon Bar or ▼ Fruit	6 Beef Gumbo Broccoli Salad Pork Medallion & Mushroom Sauce Vegetarian Chili (GF) PEI Mixed Veg. Mashed Potato Macadamia Nut Cookie or ▼ Fruit	7 Wonton Soup Oriental Noodle Salad Ginger Beef & Springroll Shanghai Chicken Stir-Fry (GF) Stir-Fry Veg. (GF) Mashed Potato or Fried Rice Pineapple YumYum or ▼ Fruit	8 Hamburger Soup Garden Salad Ham Steak & Pineapple Ring (GF) Salmon Salad Plate (GF) & Croissant Garden Mixed Veg. or Creamed Corn Scalloped Potato Chocolate Pudding or ▼ Fruit	9 Cream of Leek Spinach Salad & Strawb. Vinaigrette Beef Stew (GF) & Biscuit Pork Button Bones Braised Cabbage or Fancy Mixed Veg. Mashed Potato Choc.Chip Mint Ice Cream ▼ Fruit	10 Beef Barley Soup Melon Salad Grilled Tilapia, Lemon Slice & Tartar Sauce (GF) Meat Cabbage Rolls (GF) Peas & Carrots Rice Or Perogies Strawberry Shortcake or ▼ Fruit	11 Cream of Tomato Soup Cucumber Salad Chicken Curry Liver & Onions with Bacon & Gravy (GF) Garden Mixed Veg. Rice or Mashed Potato Mango Ice Cream or ▼ Fruit
12 Beef Noodle Soup Tossed Salad Chicken Cordon Bleu & Mushroom Sauce Fruit Platter(GF) & a Bun Whipped Squash or Fancy Mixed Mashed Potato Blueberry Pie or ▼ Fruit	13 Chicken Vegetable Soup Cucumber Salad Grilled Pork Chop & Gravy (GF) Beef Taco Sliced Beets or Garden Mixed Veg. Steamed Potatoes with Dill Butterscotch Pudding or ▼ Fruit	14 French Onion Soup Tomato & Cucumber Salad Chicken Bacon Melt (GF) Pizza Zucchini or Carrots Mashed Potato or Fries Strawberry Mousse or ▼ Fruit	15 Cream of Mushroom Carrot & Raisin Salad Crunchy Perch, Tartar Sauce & Lemon Bratwurst & Sauerkraut Cauliflower & Cheesesauce or Corn Sweet Potato Fries or Mashed Potato ▼ Oatmeal Raisin Cookie or ▼ Fruit	16 Vegetable Gumbo Soup Cobb Salad Hamburger w/ Cheese Chicken a la King (GF) Fancy Mixed Veg. Mashed Potato or Fries Triple Berry Crisp or ▼ Fruit	17 Chicken Vegetable Caesar Salad Garlic Shrimp (GF) Beef Stir-Fry (GF) Stir-fry Veg. Rice or Mashed Potato Apple Pie or ▼ Fruit	18 Italian Tomato & Rice Soup Garden Salad Turkey Schnitzel Beef Pot Roast (GF) Parsnips or PEI Mixed Veg. Scalloped or Mashed Potato Chocolate Sundae ▼ Fruit
19 Beef Barley Soup Potato Salad Ham Dinner & Raisin Glaze (GF) Seafood Salad (GF) & a Croissant Garnished w/ Fresh Fruit Squash or PEI Mixed Veg. Scalloped Potato Peach Pie or ▼ Fruit	20 Chicken Veg.Soup Greek Salad Spaghetti & Meatsauce & Garlic Toast Greek Chicken Salad (GF) Sauteed Zucchini or Fancy Mixed Veg. Spaghetti Coconut Cream Pudding or or ▼ Fruit	21 Cream of Broccoli & Cauliflower Mixed Greens Teriyaki Porkchop (GF) Vegetable Quiche Garden Mixed Veg. Rice or Mashed Potato Black Forest Cake or ▼ Fruit	22 Tomato Veg. Soup Cabbage Mango Slaw Baked Blue Cod Fillet & Tartar Sauce (GF) Beef & Mushroom Pie Broccoli or Peas Steamed Potatoes w/ Dill Strawberry Rhubarb Custard or ▼ Fruit	23 Harburger Soup Coleslaw Pulled Pork on a Bun Danish Meatloaf & Gravy (GF) Sliced Beets or Corn Mashed Potato or Rice ▼ Fruit & Cookies	24 Borscht Soup Tomato & Cucumber w/ Sour Cream Dressing Chicken Kara age Rice Bowl Salmon Salad (GF) & Focaccia Bread Fancy Mixed Veg. Mashed Potato Pineapple Upside-down Cake or ▼ Fruit	25 German Pea Soup Multi Bean Salad Pork Medallion & Mushroom Sauce BBQ Chicken Drumsticks (GF) Creamed Corn or Cauliflower & Cheesecake Baked or Mashed Potato ▼ Yogurt & Berries or ▼ Fruit
26 Garden Vegetable Soup Spinach Salad & Fruit Dressing Roast Beef Dinner (GF), Yorkshire Pudding & Gravy Chef's Salad (GF) Oven Roasted Root Veg. Mashed Potato Carrot Cake or ▼ Fruit	27 Cream of Asparagus Pear & Carrot Salad Grilled Tilapia Fish & Tartar Sauce (GF) Butter Chicken (GF) Garden Mixed Veg. Steamed Potato w/ Dill or Rice Brownies or ▼ Fruit	28 Beef Vegetable Coleslaw Louisiana Ribs (GF) Mushroom & Cheese Omelet (GF) Corn or Baked Beans Baked Potato or Hashbrowns Oatmeal Choc.Chip Cookie or ▼ Fruit	29 Chicken Noodle Soup Green Salad Beef Burgundy (GF) Chicken Wings, Veggies & Dip Sliced Beets or Parsnips Mashed Potato or Sweet Potato Fries Lemon Pie or ▼ Fruit	30 Boston Clam Chowder Caesar Salad Honey Garlic Porkchop (GF) Macaroni & Cheese California Mixed Veg. or Roasted Tomatoes Mashed Potato or Rice Butter Scotch Pudding or ▼ Fruit	1-Jul Ham & Lentil Soup Tossed Salad Turkey Breast Roast (GF), Gravy & Cranberry Sauce Seafood Salad & a Croissant Garnished w/ Fresh Fruit Yams or Fancy Mixed Veg. Mashed Potato Chocolate Cake or ▼ Fruit	2 Broccoli Cheese Soup Greek Salad Baked Chicken Breast (GF) Veal Cutlet & Gravy Turnips or Garden Mix Veg. Mashed Potato Pineapple Pudding or Fruit

A La Carte Menu Available

LEGEND: GREEN=MIXED, PORK/BEEF/TURKEY/COLDCUTS ****LAMB=GRAY
ORANGE=BEEF **** BLUE=SEAFOOD **** PINK=PORK
YELLOW=CHICKEN **** DARK YELLOW=TURKEY **** VIOLET=BUFFALO