

# Rosedale Monthly Menu August 2022

3:00 PM  
7/18/2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1-Aug	2	3	4	5	6
Wonton Soup Garden Salad	Beef Vegetable Soup Coleslaw	Pea Soup Diplomat Salad	Cream of Leek Soup Spinach Salad & Strawb. Vinaigrette	Chicken Vegetable Soup Mushroom Salad	Turkey Noodle Soup Veggies & Dip	Beef & Mushroom Soup Tossed Salad
☉ Turkey Breast Roast (GF) & Gravy	Chicken Stir-Fry	Pork U Pine Meatballs (GF)	Turkey Schnitzel & Gravy	Pork Drummies (GF)	Tuna Salad (GF) & a Bun	☉ Honey Garlic Pork Chop (GF)
♣ Fruit & Cheese Platter w/ Croissant Oven Roasted Root Veg. or Corn Baked Beans or Baked Potato Butterscotch Pudding or ▼ Fruit	Beer Battered Cod Fish & Chips Peas Mashed Potato or French Fries Strawberry Cheesecake or ▼ Fruit	♣☉ Mushroom & Cheese Omelet Garden Mixed Veg. Mashed Potato or Rice Jell-O & Fruit	Beef Stroganoff (GF) & Biscuit Carrots or Sliced Beets Mashed Potato Choc.Chip Mint Ice Cream ▼ Fruit	Sweet Chilly Chicken Garden Mixed Veg. Steamed Red Potatoes with Dill or Rice Macadamia Nut Cookie or or ▼ Fruit	Beef Tortellini Broccoli or Sautéed Zucchini Mashed Potato or Rice Banana Cake or ▼ Fruit	Pineapple Chicken Balls Stir-fry Veg. Rice or Mashed Potato Cherry Pie or ▼ Fruit
7	8	9	10	11	12	13
Sweet Potato Soup Banana Nut Salad	Navy Bean Soup Basil & Feta Corn Salad	Cream of Tomato California Salad	Beef Vegetable Soup Veggies & Dip	Italian Tomato & Rice Soup Greek Salad	Chicken Vegetable Tossed Salad	Onion Soup Melon Salad
☉ Roast Beef Dinner (GF), Yorkshire Pudding & Gravy	Chicken Parmigiana (GF)	Ginger Beef & Springroll	☉ Roasted Chicken Leg (GF)	Beef Stir-Fry (GF)	Grilled Cod (GF)	Tortierre & Gravy
☉ Chef Salad	Meatballs & Mushroom Sauce (GF)	♣☉ Spinach & Cheese Quiche & a Fruit Cup	Seafood Salad (GF) & a Bun	☉ Chicken Curry (GF)	Beef Tortellini w/ Garlic Toast & Tomato Sauce	☉ Baked Chicken (GF)
Mashed Turnips & Carrots Mashed Potato Yogurt & Berries ▼ Fruit	Carrots or Zucchini Mashed Potato or Pasta Tiramisu or ▼ Fruit	♣☉ Bok Choy & Broccoli Mashed Potato or Rice Apple Pie or ▼ Fruit	Cauliflower or Peas Mashed Potato or Baked Potato Pineapple Yumyum or ▼ Fruit	Garden Mixed Veg. Mashed Potato or Rice Fruit & Cookies	Broccoli or Fancy Mixed Veg. Steamed Potato w/ Dill or Rice Strawberry Sundae or ▼ Fruit	Corn or Peas Roasted Potatoes or Mashed Potato Sticky Toffee Pudding ▼ or Fruit
14	15	16	17	18	19	20
Beef Barley Soup Creamy Cucumber Salad	Butternut Squash Soup Coleslaw	Minestrone Soup Mimosa Salad	Chicken Rice Soup Carrot & Raisin Salad	Yellow Pea Soup Creamy Dill Tomato Salad	Beef Vegetable Soup Mushroom Salad	Belgian Cabbage Soup Caesar Salad
☉ Honey Mustard Ham (GF)	Grilled Dinner Sausage with Onion & Gravy (GF)	Beef Stew (GF) & Biscuit	Tilapia Fish Fillet & Tartar Sauce (GF)	Salisbury Steak, Sautéed Onion & Gravy (GF)	☉ Baked Salmon & Lemon Sauce (GF)	☉ BBQ Chicken Drumsticks (GF)
Tuna Salad & Focaccia Bread	Chicken Cacciatore (GF)	Pancake & Sausage	Pork Button Bones (GF)	Chicken Wings, Veggies & Dip	Apple Orchard Pork Chop (GF)	Lasagna & Garlic Toast
Whipped Squash or Green Beans Scalloped Potato Pumpkin Pie or ▼ or Fruit	Corn or Sautéed Zucchini Mashed Potato or Pasta Coconut Cream Pudding or ▼ Fruit	Fancy Mixed Veg. Mashed Potato Custard Tart & Fruit	Garden Mixed Veg. Mashed Potato or Potato Wedges Chocolate Cake or ▼ Fruit	Sautéed Mushrooms or Peas Mashed Potato or Potato Salad Peach Mango Mousse or ▼ Fruit	Garden Mixed Veg. Mashed Potato or Rice Spice Rum Cake or ▼ Fruit	Corn or Sautéed Zucchini Mashed Potato or Sweet Potato Fries Cookies & Cream Ice Cream or ▼ Fruit
21	22	23	24	25	26	27
Cream of Cauliflower Waldorf Salad	Tomato Macaroni Soup Tossed Salad	Beef Barley Garden Salad	Italian Veg. Soup Coleslaw	Turkey Vegetable Soup Mango Power Salad	Beef Rice Soup Cucumber Salad	Garden Vegetable Soup Mandarin Barley Salad
Turkey Dinner (GF), Stuffing, Cranberry Sauce & Gravy	Pork Roast & Gravy (GF)	Fried Chicken	Fish burger w/ Lettuce & Tartar Sauce	Baked Chicken Breast (GF) & Honey Mustard Sauce	☉ Baked Blue Cod Fillet & Tartar Sauce (GF)	Beef Stroganoff (GF)
Cold Cuts, Croissant, Fruit & Cottage Cheese	Sweet & Sour Meatballs (GF)	Pulled Pork on a Bun	Veal Blanquette (GF)	Mushroom Quiche	Cheeseburger	Chicken Breast Salad & Croissant
Whipped Squash or Fancy Mixed veg. Mashed Potato Tapioca Pudding ▼ Fruit	Garden Mixed Veg. Steamed Potato w/ Dill or Rice Lemon Meringue Pie or ▼ Fruit	Corn or Peas Mashed Potato or Baked Beans ▼ Yogurt & Berries ▼ Fruit	Fancy Mixed Veg. Fries or Mashed Potato Butter Tart Sheetcake or ▼ Fruit	Garden Mixed Veg. Mashed Potato or Rice ▼ Baked Apple Slices or ▼ Fruit	Peas or Carrots Yam Fries or Rice Strawberry Mousse or ▼ Fruit	Fancy Mixed Veg. or Sliced Beets Buttered Noodles or Mashed Potato Oatmeal Cookie or ▼ Fruit
28	29	30	31	1-Sep	2	3
Cream of Carrot Soup Basil & Feta Corn Salad	Beef Gumbo Broccoli Salad	Wonton Soup Oriental Noodle Salad	Hamburger Soup Garden Salad	Barley Soup Spinach Salad & Strawb. Vinaigrette	Cream of Leek Melon Salad	Tomato Soup Cucumber Salad
☉ Veal Roast & Gravy (GF)	Pork Medallion & Mushroom Sauce	Chopped Steak & Onions (GF)	Ham Steak & Pineapple Ring (GF)	☉ Beef Stew (GF) & Biscuit	Grilled Tilapia, Lemon Slice & Tartar Sauce (GF)	Chicken Curry
☉ Chef Salad (GF)	♣ Vegetarian Chili (GF)	Shanghai Chicken Stir-Fry (GF)	☉ Salmon Salad Plate (GF) & Croissant	Chicken & Mushroom Sauce (GF)	Meat Cabbage Rolls (GF)	Liver & Onions with Bacon & Gravy (GF)
Brussels Sprouts or Peas Mashed Potato Lemon Bar or ▼ Fruit	PEI Mixed Veg. Mashed Potato Rice Pudding or ▼ Fruit	Stir-Fry Veg. (GF) Mashed Potato or Fried Rice Pineapple YumYum or ▼ Fruit	Garden Mixed Veg. or Creamed Corn Scalloped Potato Chocolate Pudding or ▼ Fruit	Braised Cabbage or Fancy Mixed Veg. Mashed Potato Choc.Chip Mint Ice Cream ▼ Fruit	Peas & Carrots Rice Or Perogies Strawberry Shortcake or ▼ Fruit	Garden Mixed Veg. Rice or Mashed Potato Mango Ice Cream or ▼ Fruit

A La Carte Menu Available

LEGEND: GREEN=MIXED, PORK/BEEF/TURKEY/COLDCUTS \*\*\*\*LAMB=GRAY  
ORANGE=BEEF \*\*\*\* BLUE=SEAFOOD \*\*\*\* PINK=PORK  
YELLOW=CHICKEN \*\*\*\* DARK YELLOW=TURKEY \*\*\*\* VIOLET=BUFFALO