



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>(E) – Estates Common Area (V) – Villa Common Area (VC) – Villa Chapel ** No recreation staff will be present</p>	<p>In-House Service Shop Easy Fashion – Please See Poster on Bulletin Boards Details Rosedale Beauty Salon – Please call Ha at 780-906-0057 Pedi-To-You footcare – Please call Kathy at 780-782-2600 Keep In Touch Massage Therapy – Please call Berni at 780-953-5404 Podiatrist – Please see LPN for appointment</p>			<p>1 10:30 Catholic Liturgy of the Word & Communion (VC)** 1:30 Bingo (V)</p>	<p>2 9:30 Exercise (E) 11:00 Exercise (E) 3:00 Billiards (E)** 7:00 Social Night (E)**</p>	<p>3 2:00 Board Games (E)** 6:30 Card Games (E)**</p>
<p>4 11:00 – 1:00 Brunch (E)** 2:00 Piano Tunes with Bernice (E)** 7:00 Non-Denominational Service (VC)**</p>	<p>5 Happy Labor Day No Recreation Activities 1:30 Knitting Club (V)**</p>	<p>6 9:30 Gentle Chair Yoga (E) 2:00 Afternoon Tea at Brew & Bloom (E) 3:00 Pool (E)**</p>	<p>7 9:30 Exercise (E) 11:00 Exercise (E) 1:30 Hymn Sing (E)** 3:00 Curling (E) 7:00 Bingo (E)**</p>	<p>8 10:30 Catholic Liturgy of the Word & Communion (VC)** 11:00 Neat Nails (V) 1:30 Bingo (V) 3:00 Bowling (E)</p>	<p>9 9:30 Exercise (E) 11:00 Exercise (E) 1:30 Guided Tour of St. Joseph's Basilica (E) 3:00 Billiards (E)**</p>	<p>10 2:00 Board Games (E)** 6:30 Card Games (E)**</p>
<p>11 11:00 – 1:00 Brunch (E)** 2:00 Billiards (E)** 7:00 Non-Denominational Service (VC)**</p>	<p>12 9:30 Exercise (E) 11:00 Exercise (E) 1:30 Knitting Club (V)** 1:30 Barn Racing (E) 3:00 Bocce Ball (E)</p>	<p>13 9:30 Gentle Chair Yoga (E) 2:00 Entertainment (E) 3:00 Pool (E)**</p>	<p>14 9:30 Exercise (E) 11:00 Exercise (E) 1:30 Musical Memories (E)** 3:00 Curling (E) 7:00 Bingo (E)**</p>	<p>15 10:30 Catholic Mass (VC)** 11:00 Neat Nails (V) 1:30 Bingo (V) 3:00 Seated Volleyball (E)</p>	<p>16 9:30 Exercise (E) 11:00 Exercise (E) 1:30 Outdoor Walk & Talk (E) 3:00 Billiards (E)**</p>	<p>17 2:00 Board Games (E)** 6:30 Card Games (E)**</p>
<p>18 11:00 – 1:00 Brunch (E)** 2:00 Piano Tunes with Bernice (E)** 7:00 Non-Denominational Service (VC)**</p>	<p>19 1:30 Knitting Club (V)** 1:30 Barn Racing (E) 3:00 Bocce Ball (E)</p>	<p>20 10:00 Resident Council Meeting (VC) 1:30 Mental Aerobics (E) 3:00 Ball Tossers (E) 3:00 Pool (E)** 4:30 Harvest Dinner (Park Dining Room)</p>	<p>21 1:30 Hymn Sing (E)** 3:00 Curling (E) 4:30 Harvest Dinner (Estates Dining Room) 7:00 Bingo (E)**</p>	<p>22 Happy First Day of Fall! 10:30 Catholic Liturgy of the Word & Communion (VC)** 1:30 – 3:30 Harvest Art Show (E)</p>	<p>23 1:30 Estates/Park Birthday Celebration (E) 3:00 Billiards (E)**</p>	<p>24 2:00 Board Games (E)** 6:30 Card Games (E)**</p>
<p>25 11:00 – 1:00 Brunch (E)** 2:00 Billiards (E)** 7:00 Non-Denominational Service (VC)**</p>	<p>26 9:30 Exercise (E) 11:00 Exercise (E) 1:30 Knitting Club (V)** 1:30 Barn Racing (E) 3:00 Bocce Ball (E)</p>	<p>27 9:30 Gentle Chair Yoga (E) 11:00 Lunch Outing: Yang Ming Buffet 3:00 Ball Tossers (E) 3:00 Pool (E)**</p>	<p>28 9:30 Exercise (E) 11:00 Exercise (E) 1:30 Musical Memories (E)** 3:00 Curling (E) 7:00 Bingo (E)**</p>	<p>29 10:30 Catholic Liturgy of the Word & Communion (VC)** 11:00 Neat Nails (V) No Afternoon Activities: Recreation Planning Day</p>	<p>30 Dress for Dinner 9:30 Day Trip to Peaceful Valley (E) 3:00 Billiards (E)**</p>	



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<p>4 11:00 – 1:00 Brunch (E)** 2:00 Piano Tunes with Bernice (E) (HCA) 7:00 Non-Denominational Service (VC)**</p>	<p>5 2:00 Sing Along (5th Floor) (HCA)</p>	<p>6 10:30 Baking (5TH Floor) (Rec) 2:00 Music Social (5th Floor) (HCA)</p>	<p>7 9:30 Exercise (E) (Rec.) 1:30 Hymns Sing (E) 2:00 Bingo (5th Floor) (HCA)</p>	<p>8 10:30 Neat Nails (5th Floor) (Rec.) 2:30 Music Social (5th Floor) (HCA)</p>	<p>9 9:30 Exercise (E) (Rec.) 2:00 Categories (5th Floor) (HCA) 2:15 Puzzle Time (5th Floor) (HCA)</p>	<p>10 2:00 Puzzle Time (5th Floor) (HCA) 6:30 Movie Night (5th Floor) (HCA)</p>
<p>11 11:00 – 1:00 Brunch (E)** 2:00 Music Social (5th Floor) (HCA) 7:00 Non-Denominational Service (VC)**</p>	<p>12 9:30 Exercise (E) (Rec.) 2:00 Sing Along (5th Floor) (HCA)</p>	<p>13 10:30 Bingo (5TH Floor) (Rec) 2:00 Entertainment (E) (HCA)</p>	<p>14 9:30 Exercise (E) (Rec.) 1:30 Musical Memories (E) 2:00 Bingo (5th Floor) (HCA)</p>	<p>15 10:30 Neat Nails (5th Floor) (Rec.) 2:30 Music Social (5th Floor) (HCA)</p>	<p>16 9:30 Exercise (E) (Rec.) 2:00 Categories (5th Floor) (HCA) 2:15 Puzzle Time (5th Floor) (HCA)</p>	<p>17 2:00 Puzzle Time (5th Floor) (HCA) 6:30 Movie Night (5th Floor) (HCA)</p>
<p>18 11:00 – 1:00 Brunch (E)** 2:00 Piano Tunes with Bernice (E) (HCA) 7:00 Non-Denominational Service (VC)**</p>	<p>19 2:00 Sing Along (5th Floor) (HCA)</p>	<p>20 2:00 Music Social (5th Floor) (HCA)</p>	<p>21 1:30 Hymns Sing (E) 2:00 Bingo (5th Floor) (HCA) 4:30 Harvest Dinner (Estates Dining Room)</p>	<p>22 1:30 – 3:30 Harvest Art Show (E) 2:30 Music Social (5th Floor) (HCA)</p>	<p>23 1:30 Estates/Park Birthday Celebration (E) (HCA)</p>	<p>24 2:00 Puzzle Time (5th Floor) (HCA) 6:30 Movie Night (5th Floor) (HCA)</p>
<p>25 11:00 – 1:00 Brunch (E)** 2:00 Music Social (5th Floor) (HCA) 7:00 Non-Denominational Service (VC)**</p>	<p>26 9:30 Exercise (E) (Rec.) 2:00 Sing Along (5th Floor) (HCA)</p>	<p>27 2:00 Music Social (5th Floor) (HCA)</p>	<p>28 9:30 Exercise (E) (Rec.) 1:30 Musical Memories (E) 2:00 Bingo (5th Floor) (HCA)</p>	<p>29 10:30 Neat Nails (5th Floor) (Rec.) 2:30 Music Social (5th Floor) (HCA)</p>	<p>30 Dress for Dinner 2:00 Categories (5th Floor) (HCA) 2:15 Puzzle Time (5th Floor) (HCA)</p>	