

Rosedale Monthly Menu September 2022

4:27 PM
8/26/2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 Cream of Carrot Soup Basil & Feta Corn Salad ⊙ Veal Roast & Gravy (GF) ⊙ Chef Salad (GF) Brussels Sprouts or Peas Mashed Potato Lemon Bar or ♥ Fruit	29 Beef Gumbo Broccoli Salad Pork Medallion & Mushroom Sauce ♣ Vegetarian Chili (GF) PEI Mixed Veg. Mashed Potato Rice Pudding or ♥ Fruit	30 Wonton Soup Oriental Noodle Salad Chopped Steak & Onions (GF) Shanghai Chicken Stir-Fry (GF) Stir-Fry Veg. (GF) Mashed Potato or Fried Rice Pineapple YumYum or ♥ Fruit	31 Hamburger Soup Garden Salad Ham Steak & Pineapple Ring (GF) ⊙ Salmon Salad Plate (GF) & Croissant Garden Mixed Veg. or Creamed Corn Scalloped Potato Chocolate Pudding or ♥ Fruit	1-Sep Barley Soup Spinach Salad & Strawb. Vinaigrette ⊙ Beef Stew (GF) & Biscuit Chicken & Mushroom Sauce (GF) Braised Cabbage or Fancy Mixed Veg. Mashed Potato Choc.Chip Mint Ice Cream ♥ Fruit	2 Cream of Leek Melon Salad Grilled Tilapia, Lemon Slice & Tartar Sauce (GF) Meat Cabbage Rolls (GF) Peas & Carrots Rice Or Perogies Strawberry Shortcake or ♥ Fruit	3 Tomato Soup Cucumber Salad Chicken Curry Liver & Onions with Bacon & Gravy (GF) Garden Mixed Veg. Rice or Mashed Potato Mango Ice Cream or ♥ Fruit
4 Beef Noodle Soup Tossed Salad Chicken Cordon Bleu & Mushroom Sauce Fruit Platter(GF) & a Bun Whipped Squash or Fancy Mixed Mashed Potato Blueberry Pie or ♥ Fruit	5 Chicken Vegetable Soup Cucumber Salad Grilled Pork Chop & Gravy (GF) Beef Taco Sliced Beets or Garden Mixed Veg. Steamed Potatoes with Dill Butterscotch Pudding or ♥ Fruit	6 Belgian Cabbage Soup Tomato & Cucumber Salad Chicken Bacon Melt (GF) Pizza Zucchini or Carrots Mashed Potato or Fries Strawberry Mousse or ♥ Fruit	7 Cream of Mushroom Carrot & Raisin Salad Crunchy Perch, Tartar Sauce & Lemon Bratwurst & Sauerkraut (GF) Cauliflower & Cheesesauce or Corn Sweet Potato Fries or Mashed Potato ♥ Oatmeal Raisin Cookie or ♥ Fruit	8 Vegetable Gumbo Soup Cobb Salad Hamburger w/ Cheese Chicken a la King (GF) Fancy Mixed Veg. Mashed Potato or Fries Triple Berry Crisp or ♥ Fruit	9 Chicken Vegetable Caesar Salad Garlic Shrimp (GF) Beef Stir-Fry (GF) Stir-fry Veg. Rice or Mashed Potato Apple Pie or ♥ Fruit	10 Italian Tomato & Rice Soup Garden Salad Beef Pot Roast (GF) Chicken Legs (GF) Parsnips or PEI Mixed Veg. Scalloped or Mashed Potato Chocolate Sundae ♥ Fruit
11 Beef Barley Soup Potato Salad Ham Dinner & Raisin Glaze (GF) Seafood Salad (GF) & a Croissant Garnished w/ Fresh Fruit Squash or PEI Mixed Veg. Scalloped Potato Peach Pie or ♥ Fruit	12 Cream of Broccoli & Cauliflower Greek Salad Spaghetti & Meatsauce & Garlic Toast ⊙ Greek Chicken Salad (GF) Sauteed Zucchini or Fancy Mixed Veg. Spaghetti Coconut Cream Pudding or or ♥ Fruit	13 Chicken Veg. Soup Mixed Greens Teriyaki Porkchop (GF) ♣ Vegetable Quiche Garden Mixed Veg. Rice or Mashed Potato Black Forest Cake or ♥ Fruit	14 Tomato Veg. Soup Cabbage Mango Slaw ⊙ Baked Blue Cod Fillet & Tartar Sauce (GF) Beef & Mushroom Pie Broccoli or Peas Steamed Potatoes w/ Dill Baked Apple Slices or ♥ Fruit	15 Harburger Soup Coleslaw Pulled Pork on a Bun Danish Meatloaf & Gravy (GF) Sliced Beets or Corn Mashed Potato or Rice ♥ Fruit & Cookies	16 Borscht Soup Tomato & Cucumber w/ Sour Cream Dressing Open Faced Turkey Sandwich ⊙ Salmon Salad (GF) & Focaccia Bread Fancy Mixed Veg. Mashed Potato Pineapple Upside-down Cake or ♥ Fruit	17 German Pea Soup Multi Bean Salad Pork Medallion & Mushroom Sauce ⊙ BBQ Chicken Drumsticks (GF) Creamed Corn or Cauliflower & Mashed Potato Baked or Mashed Potato ♥ Yogurt & Berries or ♥ Fruit
18 Garden Vegetable Soup Spinach Salad & Fruit Dressing ⊙ Roast Beef Dinner (GF), Yorkshire Pudding & Gravy ⊙ Chef's Salad (GF) Oven Roasted Root Veg. Mashed Potato Carrot Cake or ♥ Fruit	19 Cream of Asparagus Pear & Carrot Salad Ginger Beef & Springroll Butter Chicken (GF) Bok Choy or Carrots Mashed Potato or Rice Brownies or ♥ Fruit	20 Chicken Noodle Soup Coleslaw Louisiana Ribs (GF) ♣ Mushroom & Cheese Omelet (GF) Corn or Baked Beans Baked Potato or Hashbrowns Oatmeal Choc.Chip Cookie or ♥ Fruit	21 Beef Vegetable Soup Green Salad ⊙ Grilled Tilapia Fish & Tartar Sauce (GF) Macaroni & Cheese Sliced Beets or Parsnips Rice or Mashed Potato Lemon Pie or ♥ Fruit	22 Boston Clam Chowder Power Salad Honey Garlic Porkchop (GF) Chicken Wings, Veggies & Dip California Mixed Veg. or Roasted Tomatoes Mashed Potato or Sweet Potato Fries Butter Scotch Pudding or ♥ Fruit	23 Ham & Lentil Soup Tossed Salad ⊙ Turkey Breast Roast (GF), Gravy & Cranberry Sauce Seafood Salad & a Croissant Garnished w/ Fresh Fruit Yams or Fancy Mixed Veg. Mashed Potato Chocolate Cake or ♥ Fruit	24 Broccoli Cheese Soup Greek Salad Baked Chicken Breast (GF) Chili & Biscuit Turnips or Garden Mix Veg. Mashed Potato Pineapple Pudding or Fruit
25 Gumbo Soup Tossed Salad Porkloin Roast & Gravy (GF) Veal Cutlet & Gravy PEI Mixed Veg. or Squash Mashed Potato Strawberry Cheesecake or ♥ Fruit	26 Butternut Squash Harvest Salad Shepherds Pie (GF) Chicken Supreme Fancy Mixed Veg. Mashed Potato or Sweet Potato Fries Ice Cream or ♥ Fruit	27 Navy Bean Soup Creamy Dill Tomato Slices Baked Chicken Drumsticks & Gravy (GF) Pancake & Sausage Corn or Green Beans Mashed Potato Chocolate Mousse or ♥ Fruit	28 Cream of Tomato Soup Carrot & Raisin Salad Chopped Steak & Onions (GF) Fish Burger & Tartar Sauce Carrots or Peas Mashed Potato or Fries Banana Cake or ♥ Fruit	29 Seafood Chowder Caesar Salad Pork Pepper Pot (GF) Chicken Primavera Garden Mixed Veg. Mashed Potato or Rice ♥ Tapioca Pudding or ♥ Fruit	30 Chicken Vegetable Soup Basil & Feta Corn Salad Garlic Shrimp (GF) Spaghetti & Meatsauce Broccoli or Zucchini Spaghetti Tiramisu or ♥ Fruit	1-Oct Minestrone California Salad Bratwurst & Sauerkraut (GF) ⊙ Chicken Wrap Sauerkraut or Corn Mashed Potato Mango Ice Cream or ♥ Fruit

A La Carte Menu Available

LEGEND: GREEN=MIXED, PORK/BEEF/TURKEY/COLDCUTS ****LAMB=GRAY
ORANGE=BEEF **** BLUE=SEAFOOD **** PINK=PORK
YELLOW=CHICKEN **** DARK YELLOW=TURKEY **** VIOLET=BUFFALO