


Rosedale Recreation Activities Calendar

Manor

November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>(E) – Estates Common Area (V) – Villa Common Area (VC) – Villa Chapel ** No recreation staff will be present</p>		<p><u>1</u> 10:00 Baking 11:30 Neat Nails 1:30 Coffee Social 3:00 Curling</p>	<p><u>2</u> 10:30 Exercise 1:30 Bingo 3:00 Yarn 'n' Stitch** 7:00 Bingo (E)**</p>	<p><u>3</u> 10:00 River Cree Casino Outing (E) 10:30 Catholic Liturgy of the Word & Communion (VC)**</p>	<p><u>4</u> 10:30 Exercise 3:30 Happy Hour</p>	<p><u>5</u> 10:00 Coffee Club** 11:00 Color Me Happy, Color Me Calm**</p>
<p><u>6</u> Daylight Saving Time Ends 11:00 – 1:00 Plated Brunch** 2:00 Shuffleboard** 7:00 Non-Denominational Service (VC)**</p>	<p><u>7</u> 10:30 Exercise 1:30 Rosedale Resident Forum: Let's Catch up! (Meet Lorenzo and Your Management Team) (E)</p>	<p><u>8</u> 10:00 Baking 11:30 Neat Nails 1:30 Coffee Social 3:00 Curling</p>	<p><u>9</u> 10:45 Remembrance Day Service 1:30 Bingo 3:00 Yarn 'n' Stitch** 7:00 Bingo (E)**</p>	<p><u>10</u> 10:30 Catholic Liturgy of the Word & Communion (VC)** 1:30 Mental Aerobics</p>	<p><u>11</u> Remembrance Day Lest We Forget  No Recreation Activities</p>	<p><u>12</u> 10:00 Coffee Club** 11:00 Color Me Happy, Color Me Calm**</p>
<p><u>13</u> 11:00 – 1:00 Plated Brunch** 2:00 Shuffleboard** 7:00 Non-Denominational Service (VC)**</p>	<p><u>14</u> 10:30 Exercise 1:30 Let's Get Craftin' 3:00 Bocce Ball</p>	<p><u>15</u> 10:00 Resident Council Meeting (VC) 12:15 IMAX Experience at Telus World of Science</p>	<p><u>16</u> 10:30 Exercise 1:30 Bingo 3:00 Yarn 'n' Stitch** 7:00 Bingo (E)**</p>	<p><u>17</u> 10:30 Catholic Mass (VC)** 10:30 Let's Talk: Management 1:30 Mental Aerobics</p>	<p><u>18</u> 10:30 Exercise 2:45 Bean Bag Toss</p>	<p><u>19</u> 10:00 Coffee Club** 11:00 Color Me Happy, Color Me Calm**</p>
<p><u>20</u> 11:00 – 1:00 Plated Brunch** 2:00 Shuffleboard** 7:00 Non-Denominational Service (VC)**</p>	<p><u>21</u> 10:30 Exercise 1:30 Let's Get Craftin' 3:00 Bocce Ball</p>	<p><u>22</u> 10:00 Baking 11:30 Neat Nails 1:30 Coffee Social 3:00 Curling</p>	<p><u>23</u> 3:00 Yarn 'n' Stitch** 7:30 Entertainment: Divertimento Chamber Ensemble (E)</p>	<p><u>24</u> 10:30 Catholic Liturgy of the Word & Communion (VC)** 10:00 Gentle Chair Yoga 2:00 Entertainment</p>	<p><u>25</u> Dress for Dinner 10:30 Exercise 2:45 Bean Bag Toss</p>	<p><u>26</u> 10:00 Coffee Club** 11:00 Color Me Happy, Color Me Calm**</p>
<p><u>27</u> 11:00 – 1:00 Plated Brunch** 2:00 Shuffleboard** 7:00 Non-Denominational Service (VC)**</p>	<p><u>28</u> 10:30 Exercise 1:30 Let's Get Craftin' 3:00 Bocce Ball</p>	<p><u>29</u> 9:30 Shopping Trip: Londonderry Mall 4:00 Manor Birthday Celebration (Dining Room)</p>	<p><u>30</u> 10:30 Exercise 3:00 Yarn 'n' Stitch** 7:00 Bingo (E)** No Afternoon Activities: Recreation Planning Day</p>	<p>In-House Service Shop Easy Fashion – Please See Poster on Bulletin Boards Details Rosedale Beauty Salon – Please call Ha at 780-906-0057 Pedi-To-You footcare – Please call Kathy at 780-782-2600 Keep In Touch Massage Therapy – Please call Berni at 780-953-5404 Podiatrist – Please see LPN for appointment</p>		