

Rosedale Monthly Menu November 2022

1:47 PM
10/25/2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1-Nov	2	3	4	5
Sweet Potato Soup Banana Nut Salad	Halloween Navy Bean Soup Goblin Basil & Feta Corn Salad	Cream of Tomato California Salad	Beef Vegetable Soup Veggies & Dip	Italian Tomato & Rice Soup Greek Salad	Chicken Vegetable Tossed Salad	Onion Soup Melon Salad
⊙ Roast Beef Dinner (GF), Yorkshire Pudding & Gravy	Creepy Chicken Parmigiana (GF)	Ginger Beef & Springroll	⊙ Roasted Chicken Leg (GF)	Teriyaki Porkchop (GF)	Grilled Cod (GF)	Tortierre & Gravy
⊙ Chef Salad	Witches Meatballs & Mushroom Sauce (GF)	⊙ Chicken Curry (GF)	Seafood Salad (GF) & a Bun	♣ ⊙ Spinach & Cheese Quiche & a Fruit Cup	Beef Tortellini w/ Garlic Toast & Tomato Sauce	⊙ Baked Chicken (GF)
Mashed Turnips & Carrots Mashed Potato Yogurt & Berries ♥ Fruit	Ghastly Carrots or Zucchini Mashed Potato or Pasta Roadkill Tiramisu or ♥ Fruit	Bok Choy & Broccoli Mashed Potato or Rice Apple Pie or ♥ Fruit	Cauliflower or Peas Mashed Potato or Baked Potato Pineapple Yumyum or ♥ Fruit	Garden Mixed Veg. Mashed Potato or Rice Fruit & Cookies	Broccoli or Fancy Mixed Veg. Steamed Potato w/ Dill or Rice Strawberry Sundae or ♥ Fruit	Corn or Peas Roasted Potatoes or Mashed Potato Sticky Toffee Pudding ♥ or Fruit
6	7	8	9	10	11	12
Beef Barley Soup Creamy Cucumber Salad	Butternut Squash Soup Coleslaw	Minestrone Soup Mimosa Salad	Chicken Rice Soup Carrot & Raisin Salad	Yellow Pea Soup Creamy Dill Tomato Salad	Beef Vegetable Soup Cobb Salad	Belgian Cabbage Soup Caesar Salad
⊙ Lamb Roast (GF)	Fried Chicken	Beef Stew (GF) & Biscuit	Tilapia Fish Fillet & Tartar Sauce (GF)	Pork Bangers with Onions & Gravy (GF)	⊙ Baked Salmon & Lemon Sauce (GF)	⊙ Teriyaki Chicken Drumsticks (GF)
Seafood Salad & Focaccia Bread	♣ Vegetarian Quiche	Pancake & Sausage	Shepherds Pie	Chicken Wings, Veggies & Dip	Mushroom Cheese Omelet (GF)	Lasagna & Garlic Toast
Parsnips or Green Beans Oven Roasted Potato Pumpkin Pie or ♥ or Fruit	Corn or Sauteed Zucchini Mashed Potato Coconut Cream Pudding or ♥ Fruit	Fancy Mixed Veg. Mashed Potato Custard Tart & Fruit	Broiled Tomato or Broccoli Mashed Potato or Potato Wedges Chocolate Cake or ♥ Fruit	California Mix or Peas Mashed Potato or Potato Salad Peach Mango Mousse or ♥ Fruit	Garden Mixed Veg. Mashed Potato or Rice Spice Rum Cake or ♥ Fruit	Corn or Sautéed Zucchini Mashed Potato or Sweet Potato Fries Cookies & Cream Ice Cream or ♥ Fruit
13	14	15	16	17	18	19
Cream of Cauliflower Waldorf Salad	Tomato Macaroni Soup Tossed Salad	Beef Barley Chantilly Fruit Salad	Italian Veg. Soup Coleslaw	Turkey Vegetable Soup Mango Power Salad	Beef Rice Soup Cucumber Salad	Garden Vegetable Soup Mandarin Barley Salad
Porkloin Roast & Gravy (GF)	Chicken Cacciatore	Sweet & Sour Meatballs (GF)	Fish burger w/ Lettuce & Tartar Sauce	Baked Chicken Breast (GF) & Honey Mustard Sauce	Baked Haddock & Hollandaise Sauce (GF)	Beef Stroganoff (GF)
Cold Cuts (Chicken Breast Slice & Roast Beef), Croissant, Fruit & Cottage Cheese	Beef Stir-Fry (GF)	Pulled Pork on a Bun	Beef Goulash (GF)	Mushroom Quiche	Hamburger	Chicken Breast Salad & Croissant
Whipped Squash or Fancy Mixed veg. Mashed Potato Tapioca Pudding ♥ Fruit	Stir-Fry or Carrots Steamed Potato w/ Dill or Pasta Lemon Meringue Pie or ♥ Fruit	Corn or Peas Mashed Potato ♥ Yogurt & Berries ♥ Fruit	Fancy Mixed Veg. Fries or Mashed Potato Butter Tart Sheetcake or ♥ Fruit	Garden Mixed Veg. Mashed Potato or Rice ♥ Baked Apple Slices or ♥ Fruit	Peas or Carrots Yam Fries or Rice Strawberry Mousse or ♥ Fruit	Fancy Mixed Veg. or Sliced Beets Buttered Noodles or Mashed Potato Oatmeal Cookie or ♥ Fruit
20	21	22	23	24	25	26
Cream of Carrot Soup Basil & Feta Corn Salad	Beef Gumbo Broccoli Salad	Wonton Soup Oriental Noodle Salad	Hamburger Soup Garden Salad	Barley Soup Spinach Salad & Strawb. Vinaigrette	Cream of Leek Melon Salad	Tomato Soup Cucumber Salad
⊙ Veal Roast & Gravy (GF)	Pork Medallion & Mushroom Sauce	Chopped Steak & Onions (GF)	Ham Steak & Pineapple Ring (GF)	Turkey Breast Roast (GF) & Cranberry Sauce	Grilled Tilapia, Lemon Slice & Tartar Sauce (GF)	Chicken Curry
⊙ Chef Salad (GF)	♣ Vegetarian Chili (GF)	Chicken Stir-Fry (GF)	⊙ Salmon Salad Plate (GF) & Croissant	Beef Ravioli	Meat Cabbage Rolls (GF)	Liver & Onions with Bacon & Gravy (GF)
Brussels Sprouts or Parsnips Mashed Potato Lemon Bar or ♥ Fruit	PEI Mixed Veg. Mashed Potato Rice Pudding or ♥ Fruit	Stir-Fry Veg. (GF) Mashed Potato or Fried Rice Pineapple YumYum or ♥ Fruit	Garden Mixed Veg. or Creamed Corn Scalloped Potato Chocolate Pudding or ♥ Fruit	Peas & Carrots Mashed Potato Jell-O & ♥ Fruit	Green Beans or Carrots Rice Or Perogies Strawberry Shortcake or ♥ Fruit	Garden Mixed Veg. Rice or Mashed Potato Maple Walnut Ice Cream or ♥ Fruit
27	28	29	30	1-Dec	2	3
Beef Noodle Soup Tossed Salad	Chicken Vegetable Soup Cauliflower Salad	Belgian Cabbage Soup Tomato & Cucumber Salad	Cream of Mushroom Carrot & Raisin Salad	Vegetable Gumbo Soup Cobb Salad	Chicken Vegetable Caesar Salad	Italian Tomato & Rice Soup Garden Salad
Chicken Cordon Bleu & Mushroom Sauce	Grilled Pork Chop & Gravy (GF)	Sweet Chilly Chicken	Crunchy Perch, Tartar Sauce & Lemon	Hamburger w/ Cheese	Garlic Shrimp (GF)	Beef Pot Roast (GF)
Pasta Greek Salad & a Bun	Beef & Mushroom Pie	Pork Stew (GF)	Swedish Meatballs (GF)	Chicken a la King (GF)	Chili Con Carne	Ham & Cheese Quiche
Whipped Squash or Fancy Mixed Mashed Potato Blueberry Pie or ♥ Fruit	Sliced Beets or Garden Mixed Veg. Steamed Potatoes with Dill Butterscotch Pudding or ♥ Fruit	Zucchini or Carrots Mashed Potato Strawberry Mousse or ♥ Fruit	Cauliflower & Cheesesauce or Corn Sweet Potato Fries or Mashed Potato ♥ Oatmeal Raisin Cookie or ♥ Fruit	Fancy Mixed Veg. Mashed Potato or Fries Triple Berry Crisp or ♥ Fruit	Stir-fry Veg. Rice or Mashed Potato Apple Pie or ♥ Fruit	Parsnips or PEI Mixed Veg. Scalloped or Mashed Potato Chocolate Sundae ♥ Fruit

A La Carte Menu Available

LEGEND: GREEN=MIXED, PORK/BEEF/TURKEY/COLDCUTS **** LAMB=GRAY
ORANGE=BEEF **** BLUE=SEAFOOD **** PINK=PORK
YELLOW=CHICKEN **** DARK YELLOW=TURKEY **** VIOLET=BUFFALO