

Rosedale Monthly Menu December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1-Dec	2	3
Beef Noodle Soup Tossed Salad	Chicken Vegetable Soup Cauliflower Salad	Belgian Cabbage Soup Tomato & Cucumber Salad	Cream of Mushroom Carrot & Raisin Salad	Vegetable Gumbo Soup Cobb Salad	Chicken Vegetable Caesar Salad	Italian Tomato & Rice Soup Garden Salad
Chicken Cordon Bleu & Mushroom Sauce	Grilled Pork Chop & Gravy (GF)	Sweet Chilly Chicken	Crunchy Perch, Tartar Sauce & Lemon	Hamburger w/ Cheese	Garlic Shrimp (GF)	Beef Pot Roast (GF)
Pasta Greek Salad & a Bun	Beef & Mushroom Pie	Pork Stew (GF)	Swedish Meatballs (GF)	Chicken a la King (GF)	Chili Con Carne	Ham & Cheese Quiche
Whipped Squash or Fancy Mixed Mashed Potato Blueberry Pie or ▼ Fruit	Sliced Beets or Garden Mixed Veg. Steamed Potatoes with Dill Butterscotch Pudding or ▼ Fruit	Zucchini or Carrots Mashed Potato Strawberry Mousse or ▼ Fruit	Cauliflower & Cheesesauce or Corn Sweet Potato Fries or Mashed Potato ▼ Oatmeal Raisin Cookie or ▼ Fruit	Fancy Mixed Veg. Mashed Potato or Fries Triple Berry Crisp or ▼ Fruit	Stir-fry Veg. Rice or Mashed Potato Apple Pie or ▼ Fruit	Parsnips or PEI Mixed Veg. Scalloped or Mashed Potato Chocolate Sundae ▼ Fruit
4	5	6	7	8	9	10
Beef Barley Soup Potato Salad	Cream of Broccoli & Cauliflower Greek Salad	Chicken Veg. Soup Mixed Greens	Tomato Veg. Soup Cabbage Mango Slaw	Hamburger Soup Coleslaw	Borscht Soup Tomato & Cucumber w/ Sour Cream Dressing	German Pea Soup Multi Bean Salad
Porkloin Roast & Gravy (GF)	Salisbury Steak & Onion Rings	Pork Medallion & Mushroom Sauce	⊕ Baked Blue Cod Fillet & Tartar Sauce (GF)	Pulled Pork on a Bun	Beef Stir-Fry (GF)	Pork Tenderloin Cutlet
Turkey Burger	⊕ Greek Chicken Salad (GF)	♣ Vegetable Quiche	Minute Steak	Danish Meatloaf & Gravy (GF)	⊕ Salmon Salad (GF) & Focaccia Bread	⊕ Grilled Chicken Thigh (GF)
Squash or PEI Mixed Veg. Mashed Potato or Potato Pancakes Peach Pie or ▼ Fruit	Sauteed Zucchini or Fancy Mixed Veg. Mashed Potato Coconut Cream Pudding or or ▼ Fruit	Garden Mixed Veg. Rice or Mashed Potato Black Forest Cake or ▼ Fruit	Broccoli or Peas Steamed Potatoes w/ Dill Baked Apple Slices or ▼ Fruit	Parsnips or Corn Mashed Potato or Oven Roasted Potato ▼ Fruit & Cookies	Stir-Fry Veg. Rice or Mashed Potato Pineapple Upside-down Cake or ▼ Fruit	Creamed Corn or Cauliflower & Cheesauce Baked or Mashed Potato ▼ Yogurt & Berries or ▼ Fruit
11	12	13	14	15	16	17
Garden Vegetable Soup Spinach Salad & Fruit Dressing	Cream of Asparagus Pear & Carrot Salad	Chicken Noodle Soup Coleslaw	Beef Vegetable Soup Broccoli Slaw	Boston Clam Chowder Power Salad	Ham & Lentil Soup Spinach & Peach Salad	Broccoli Cheese Soup Greek Salad
⊕ Lamb Roast (GF)	Ginger Beef & Springroll	Louisiana Ribs (GF)	⊕ Grilled Tilapia Fish & Tartar Sauce (GF)	Chicken Wings, Veggies & Dip	Chopped Steak & Onions (GF)	Baked Chicken Breast (GF)
Beef Ravoili	Butter Chicken (GF)	♣ Mushroom & Cheese Omelet (GF)	Macaroni & Cheese	♣ Vegetable Quiche	Seafood Salad & a Bun Garnished w/ Fresh Fruit	Chili & Biscuit
Oven Roasted Root Veg. Mashed Potato Carrot Cake or ▼ Fruit	Bok Choy or Carrots Mashed Potato or Rice Brownies or ▼ Fruit	Corn or Baked Beans Baked Potato or Hashbrowns Oatmeal Choc.Chip Cookie or ▼ Fruit	Sliced Beets or Parsnips Rice or Mashed Potato Lemon Pie or ▼ Fruit	California Mixed Veg. or Roasted Tomatoes Mashed Potato or Sweet Potato Fries Butter Scotch Pudding or ▼ Fruit	Yams or Fancy Mixed Veg. Mashed Potato Chocolate Cake or ▼ Fruit	Turnips or Garden Mix Veg. Mashed Potato Pineapple Pudding or Fruit
18	19	20	21	22	23	24
Gumbo Soup Pickled Beets	Butternut Squash Harvest Salad	Navy Bean Soup Creamy Dill Tomato Slices	Cream of Tomato Soup Carrot & Raisin Salad	Seafood Chowder Marinated Veg. Salad	Chicken Vegetable Soup Basil & Feta Corn Salad	Borscht Soup Cucumber Salad
Honey Garlic Porkchop (GF)	Shepherds Pie (GF)	Baked Chicken Drumsticks & Gravy (GF)	Lamb Stew (GF) & Biscuit	Pork Pepper Pot (GF)	Baked Salmon (GF) & Bechamel Sauce	Pork Drummies (GF)
Veal Cutlet & Gravy	Chicken Supreme	Pancake & Sausage	Fish Burger & Tartar Sauce	Chicken Primavera	Perogies & Meat Cabbage Rolls	Spaghetti & Meatsauce
PEI Mixed Veg. or Squash Scalloped Potato or Mashed Potato Strawberry Cheesecake or ▼ Fruit	Fancy Mixed Veg. Mashed Potato or Sweet Potato Fries Ice Cream or ▼ Fruit	Corn or Green Beans Mashed Potato or Hashbrown Chocolate Mousse or ▼ Fruit	Carrots or Peas Mashed Potato or Potato Pancakes Banana Cake or ▼ Fruit	Garden Mixed Veg. Mashed Potato or Rice ▼ Tapioca Pudding or ▼ Fruit	Broccoli or Zucchini Mashed Potato or Perogies Tiramisu or ▼ Fruit	Fancy Mixed Veg. Mashed Potato Strawberry Shortcake or or ▼ Fruit
25	26	27	28	29	30	31
Cream of Tomato Soup Broccoli Salad	Beef Noodle Soup Spinach Salad	Corn & Potato Chowder Soup Melon Salad	Chicken Gumbo Soup Coleslaw	Pea Soup Spinach Salad & Raspberry Vinaigrette Dressing	Vegetable Soup Mango Power Salad	Chicken Vegetable Greek Salad
Turkey Dinner ⊕, Gravy, Stuffing, Cranberry Sauce & Dinner Bun	Ham Steak & Pineapple Ring	Swedish Meatballs (GF)	Danish Meatloaf (GF)	Chicken & Mushroom Sauce (GF)	Chicken Bacon Melt	Roast Beef Dinner ⊕, Yorkshire Pudding & Gravy
Sandwich Special	♣ Vegetarian Chili & Garlic Toast	♣ Mushroom Quiche	Fish & Chips	Bratwurst Sausage	Baked Haddock & Hollandaise Sauce	Garlic Shrimp (GF)
Whipped Yams or Peas & Carrots Mashed Potato Sticky Toffee Pudding or ▼ Fruit	Broccoli or Carrots Scalloped Potato or Mashed Potato Jell-O Parfait or ▼ Fruit	Fancy Mixed Veg. or Sliced Beets Mashed Potato Yogurt & Berries or ▼ Fruit	Peas or Sliced Beets Mashed Potato or Potato Wedges Strawberry Rhubarb Pie or ▼ Fruit	Italian Mixed Veg. or Cauliflower w/ Cheese Sauce Mashed Potato Chocolate Pudding or ▼ Fruit	Green Beans or Carrots Mashed Potato or Rice Macadamia Nut Cookie or ▼ Fruit	Oven Roasted Root Veggies or Corn Mashed Potato or Rice Apple Pie or ▼ Fruit

A La Carte Menu Available

LEGEND: GREEN=MIXED, PORK/BEEF/TURKEY/COLDCUTS ****LAMB=GRAY
ORANGE=BEEF **** BLUE=SEAFOOD **** PINK=PORK
YELLOW=CHICKEN **** DARK YELLOW=TURKEY **** VIOLET=BUFFALO