



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p>  <p>11:00 – 1:00 Brunch (E)**</p>	<p>2</p> <p><i>Happy New Year</i></p> <p>No Recreation Staff Lead Activities</p> <p>1:30 Knitting Club (V)**</p>	<p>3</p> <p>9:30 Gentle Chair Yoga (E)</p> <p>1:30 Bible Study (VC)**</p> <p>2:00 Pool (E)**</p>	<p>4</p> <p>9:30 Exercise (E)</p> <p>11:00 Exercise (E)</p> <p>1:30 Hymn Sing (E)**</p> <p>7:00 Bingo (E)**</p>	<p>5</p> <p>10:00 River Cree Casino Outing (E)</p> <p>10:30 Catholic Liturgy of the Word & Communion (VC)**</p>	<p>6</p> <p>9:30 Exercise (E)</p> <p>11:00 Exercise (E)</p> <p>1:30 Movie Matinee: Jungle Cruise (VC)</p> <p>2:00 Pool (E)**</p>	<p>7</p> <p><i>Happy Orthodox Christmas Day</i></p> <p>2:00 Board Games (E)**</p> <p>6:30 Card Games (E)**</p>
<p>8</p> <p>11:00 – 1:00 Brunch (E)**</p> <p>2:00 Piano Tunes with Bernice (E)**</p> <p>7:00 Non-Denominational Service (VC)**</p>	<p>9</p> <p>1:30 Knitting Club (V)**</p> <p>No Recreation Activities: Christmas Decorating Take Down</p>	<p>10</p> <p>9:30 – 3:00 Shopping Trip: Londonderry Mall (E)</p> <p>1:30 Bible Study (VC)**</p> <p>2:00 Pool (E)**</p> <p>3:00 Ball Tossers (E)</p>	<p>11</p> <p>9:30 Exercise (E)</p> <p>11:00 Exercise (E)</p> <p>1:30 Musical Memories (E)**</p> <p>7:00 Bingo (E)**</p>	<p>12</p> <p>10:30 Catholic Liturgy of the Word & Communion (VC)**</p> <p>11:00 Neat Nails (V)</p> <p>1:30 Bingo (V)</p>	<p>13</p> <p>9:30 Exercise (E)</p> <p>11:00 Exercise (E)</p> <p>1:30 Movie Matinee: Might at the Museum (VC)</p> <p>2:00 Pool (E)**</p>	<p>14</p> <p>2:00 Board Games (E)**</p> <p>6:30 Card Games (E)**</p>
<p>15</p> <p>11:00 – 1:00 Brunch (E)**</p> <p>2:00 Pool (E)**</p> <p>7:00 Non-Denominational Service (VC)**</p>	<p>16</p> <p>9:30 Exercise (E)</p> <p>11:00 Exercise (E)</p> <p>1:30 Knitting Club (V)**</p> <p>1:30 Barn Racing (E)</p> <p>3:00 Bocce Ball (E)</p>	<p>17</p> <p>9:30 Gentle Chair Yoga (E)</p> <p>1:30 Bible Study (VC)**</p> <p>2:00 Entertainment: Ezra Walker (E)</p>	<p>18</p> <p>9:30 Exercise (E)</p> <p>11:00 Exercise (E)</p> <p>1:30 Hymn Sing (E)**</p> <p>7:00 Bingo (E)**</p>	<p>19</p> <p>10:30 Catholic Mass (VC)**</p> <p>11:00 Neat Nails (V)</p>	<p>20</p> <p>9:30 Exercise (E)</p> <p>11:00 Exercise (E)</p> <p>1:30 Movie Matinee: Down Periscope (VC)</p> <p>2:00 Pool (E)**</p>	<p>21</p> <p>2:00 Board Games (E)**</p> <p>6:30 Card Games (E)**</p>
<p>22</p> <p><i>Happy Chinese New Year</i></p> <p>11:00 – 1:00 Brunch (E)**</p> <p>2:00 Piano Tunes with Bernice (E)**</p> <p>7:00 Non-Denominational Service (VC)**</p>	<p>23</p> <p>9:30 Exercise (E)</p> <p>1:30 Rosedale Resident Council Annual General Meeting (E)</p>	<p>24</p> <p>Rosedale Library Day: Edmonton Public Library</p> <p>9:30 Gentle Chair Yoga (E)</p> <p>1:30 Bible Study (VC)**</p> <p>1:30 Mental Aerobics (E)</p> <p>2:00 Pool (E)**</p> <p>3:00 Ball Tossers (E)</p>	<p>25</p> <p>9:30 Exercise (E)</p> <p>11:00 Exercise (E)</p> <p>1:30 Musical Memories (E)**</p> <p>7:00 Bingo (E)**</p>	<p>26</p> <p>9:00 – 11:00 Rosedale Gives Back (E)</p> <p>11:30 – 12:30 Rosedale gives Back (P)</p> <p>10:30 Catholic Liturgy of the Word & Communion (VC)**</p>	<p>27</p> <p>Dress for Dinner</p> <p>9:30 Exercise (E)</p> <p>11:00 Exercise (E)</p> <p>1:30 National Geographic: The Biggest Little Farm (VC)</p> <p>2:00 Pool (E)**</p>	<p>28</p> <p>2:00 Board Games (E)**</p> <p>6:30 Card Games (E)**</p>
<p>29</p> <p>11:00 – 1:00 Brunch (E)**</p> <p>2:00 Pool (E)**</p> <p>7:00 Non-Denominational Service (VC)**</p>	<p>30</p> <p>9:30 Exercise (E)</p> <p>11:00 Exercise (E)</p> <p>1:30 Knitting Club (V)**</p> <p>1:30 – 3:30 Karaoke Time!</p>	<p>31</p> <p>9:30 Gentle Chair Yoga (E)</p> <p>1:30 Bible Study (VC)**</p> <p>2:00 Pool (E)**</p> <p>Recreation Planning Day: No Afternoon Activities</p>	<p>(E) – Estates Common Area</p> <p>(V) – Villa Common Area</p> <p>(VC) – Villa Chapel</p> <p>** No recreation staff will be present</p>	<p>In-House Service</p> <p>Shop Easy Fashion – Please See Poster on Bulletin Boards for Details</p> <p>Fifth Avenue Jewelry Collection – Please See Poster on Bulletin Boards for Details</p> <p>Rosedale Beauty Salon – Please call Ha at 780-906-0057</p> <p>Pedi-To-You footcare – Please call Kathy at 780-782-2600</p> <p>Keep In Touch Massage Therapy – Please call Berni at 780-953-5404</p> <p>Podiatrist – Please see LPN for appointment</p>		



Rosedale Recreation Activities Calendar

5th Floor

JANUARY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>1</u></p>  <p>11:00 – 1:00 Brunch (E)**</p>	<p><u>2</u></p> <p>9:30 Exercise (E) (Rec.) 2:00 Sing Along (5th Floor) (HCA)</p>	<p><u>3</u></p> <p>2:00 Music Social (5th Floor) (HCA)</p>	<p><u>4</u></p> <p>1:30 Hymn Sing (E)** 2:00 Bingo (5th Floor) (HCA)</p>	<p><u>5</u></p> <p>2:30 Music Social (5th Floor) (HCA)</p>	<p><u>6</u></p> <p>9:30 Exercise (E) (Rec.) 2:00 Categories (5th Floor) (HCA) 2:15 Puzzle Time (5th Floor) (HCA)</p>	<p><u>7</u></p> <p><i>Happy Orthodox Christmas Day</i> 2:00 Puzzle Time (5th Floor) (HCA) 6:30 Movie Night (5th Floor) (HCA)</p>
<p><u>8</u></p> <p>11:00 – 1:00 Brunch (E)** 2:00 Piano Tunes with Bernice (E)** 7:00 Non-Denominational Service (VC)**</p>	<p><u>9</u></p> <p>2:00 Sing Along (5th Floor) (HCA)</p>	<p><u>10</u></p> <p>2:00 Music Social (5th Floor) (HCA)</p>	<p><u>11</u></p> <p>1:30 Musical Memories (E)** 2:00 Bingo (5th Floor) (HCA)</p>	<p><u>12</u></p> <p>2:30 Music Social (5th Floor) (HCA)</p>	<p><u>13</u></p> <p>9:30 Exercise (E) (Rec.) 2:00 Categories (5th Floor) (HCA) 2:15 Puzzle Time (5th Floor) (HCA)</p>	<p><u>14</u></p> <p>2:00 Puzzle Time (5th Floor) (HCA) 6:30 Movie Night (5th Floor) (HCA)</p>
<p><u>15</u></p> <p>11:00 – 1:00 Brunch (E)** 2:00 Music Social (5th Floor) (HCA) 7:00 Non-Denominational Service (VC)**</p>	<p><u>16</u></p> <p>9:30 Exercise (E) (Rec.) 2:00 Sing Along (5th Floor) (HCA)</p>	<p><u>17</u></p> <p>2:00 Music Social (5th Floor) (HCA) 2:00 Entertainment: Ezra Walker (E)</p>	<p><u>18</u></p> <p>1:30 Hymn Sing (E)** 2:00 Bingo (5th Floor) (HCA)</p>	<p><u>19</u></p> <p>2:30 Music Social (5th Floor) (HCA)</p>	<p><u>20</u></p> <p>9:30 Exercise (E) (Rec.) 2:00 Categories (5th Floor) (HCA) 2:15 Puzzle Time (5th Floor) (HCA)</p>	<p><u>21</u></p> <p>2:00 Puzzle Time (5th Floor) (HCA) 6:30 Movie Night (5th Floor) (HCA)</p>
<p><u>22</u></p> <p><i>Happy Chinese New Year</i> 11:00 – 1:00 Brunch (E)** 2:00 Piano Tunes with Bernice (E)** 7:00 Non-Denominational Service (VC)**</p>	<p><u>23</u></p> <p>9:30 Exercise (E) (Rec.) 1:30 Rosedale Resident Council: Annual General Meeting (E)</p>	<p><u>24</u></p> <p>2:00 Music Social (5th Floor) (HCA)</p>	<p><u>25</u></p> <p>1:30 Musical Memories (E)** 2:00 Bingo (5th Floor) (HCA)</p>	<p><u>26</u></p> <p>2:30 Music Social (5th Floor) (HCA)</p>	<p><u>27</u></p> <p>9:30 Exercise (E) (Rec.) 2:00 Categories (5th Floor) (HCA) 2:15 Puzzle Time (5th Floor) (HCA)</p>	<p><u>28</u></p> <p>2:00 Puzzle Time (5th Floor) (HCA) 6:30 Movie Night (5th Floor) (HCA)</p>
<p><u>29</u></p> <p>11:00 – 1:00 Brunch (E)** 2:00 Music Social (5th Floor) (HCA) 7:00 Non-Denominational Service (VC)**</p>	<p><u>30</u></p> <p>9:30 Exercise (E) (Rec.) 2:00 Sing Along (5th Floor) (HCA) 1:30 – 3:30 Karaoke Time!</p>	<p><u>31</u></p> <p>2:00 Music Social (5th Floor) (HCA)</p>	<p>(E) – Estates Common Area (V) – Villa Common Area (VC) – Villa Chapel ** No recreation staff will be present</p>	<p>In-House Service Shop Easy Fashion – Please See Poster on Bulletin Boards for Details Fifth Avenue Jewelry Collection – Please See Poster on Bulletin Boards for Details Rosedale Beauty Salon – Please call Ha at 780-906-0057 Pedi-To-You footcare – Please call Kathy at 780-782-2600 Keep In Touch Massage Therapy – Please call Berni at 780-953-5404 Podiatrist – Please see LPN for appointment</p>		

