

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="center"><b><u>In-House Service</u></b></p> <p>Shop Easy Fashion – Please See Poster on Bulletin Boards for Details            Fifth Avenue Jewelry Collection – Please See Poster on Bulletin Boards for Details            Rosedale Beauty Salon – Please call Ha at 780-906-0057            Pedi-To-You footcare – Please call Kathy at 780-782-2600            Keep In Touch Massage Therapy – Please call Berni at 780-953-5404            Podiatrist – Please see LPN for appointment            InHome Physical Therapy &amp; Massage – Please call for appointment at 1844-256-7684</p>			<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>
			10:30 Exercise 1:30 Bingo 7:00 Bingo (E)**	10:00 River Cree Casino Outing 10:30 Catholic Liturgy of the Word & Communion (VC)** 3:00 Bean Bag Toss	10:30 Exercise 1:30 Mental Aerobics	10:00 Coffee Club** 11:00 Color Me Happy, Color Me Calm**
<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>	<u>11</u>
11:00 – 1:00 Plated Brunch** 2:00 Shuffleboard** 7:00 Non-Denominational Service (VC)**	10:30 Exercise 1:30 Let's Get Craftin' 3:00 Bocce Ball	11:30 Neat Nails 1:30 Coffee Social	<b>Happy International Women's Day!</b> 10:30 Exercise <b>1:30 Ladies Afternoon Tea</b> 7:00 Bingo (E)**	10:30 Catholic Liturgy of the Word & Communion (VC)** <b>11:30 Lunch Outing: Olive Garden</b> 3:00 Bean Bag Toss	10:30 Exercise 1:30 Mental Aerobics	10:00 Coffee Club** 11:00 Color Me Happy, Color Me Calm**
<u>12</u>	<u>13</u>	<u>14</u>	<u>15</u>	<u>16</u>	<u>17</u>	<u>18</u>
<b>Daylight Saving Time Begins</b> 11:00 – 1:00 Plated Brunch** 2:00 Shuffleboard** 7:00 Non-Denominational Service (VC)**	1:30 Let's Get Craftin' <b>1:30 Writers Group (VC)**</b> 3:00 Bocce Ball <b>7:30 Divertimento Chamber Ensemble (E)</b>	11:30 Neat Nails 1:30 Coffee Social	10:30 Exercise 1:30 Bingo 7:00 Bingo (E)**	<b>10:30 Let's Talk: Management</b> 10:30 Catholic Mass (VC)** <b>3:00 St. Patrick's Scavenger Hunt</b>	<b>Happy St. Patrick's Day</b> <b>10:00 Concert: Health Arts Society of Alberta</b> <b>11:00 Celebrate with a Wee Bit O' Beer!</b>	10:00 Coffee Club** 11:00 Color Me Happy, Color Me Calm**
<u>19</u>	<u>20</u>	<u>21</u>	<u>22</u>	<u>23</u>	<u>24</u>	<u>25</u>
11:00 – 1:00 Plated Brunch** 7:00 Non-Denominational Service (VC)**	10:30 Exercise 1:30 Let's Get Craftin' 3:00 Bocce Ball	<b>10:00 Resident Council Meeting (VC)</b> 1:30 Coffee Social	10:30 Exercise 7:00 Bingo (E)**	10:30 Catholic Liturgy of the Word & Communion (VC)** <b>12:15 Outing: Guided Tour Pyramid Tours at Muttart Conservatory</b>	1:30 Mental Aerobics <b>6:30 Entertainment: Westwood High School</b>	10:00 Coffee Club** 11:00 Color Me Happy, Color Me Calm**
<u>26</u>	<u>27</u>	<u>28</u>	<u>29</u>	<u>30</u>	<u>31</u>	
11:00 – 1:00 Plated Brunch** 2:00 Shuffleboard** 7:00 Non-Denominational Service (VC)**	10:30 Exercise 1:30 Let's Get Craftin' <b>1:30 Writers Group (VC)**</b> 3:00 Bocce Ball	11:30 Neat Nails <b>4:30 Manor Birthday Celebrations</b> <b>Recreation Planning Day: No Afternoon Activities</b>	10:30 Exercise <b>1:15 Ante Meridiem choral opportunity (E)</b> 7:00 Bingo (E)**	<b>9:00 Gentlemen's Breakfast (E)</b> 10:30 Catholic Liturgy of the Word & Communion (VC)** 3:00 Bean Bag Toss	10:30 Exercise	<b>(E) – Estates Common Area</b> <b>(V) – Villa Common Area</b> <b>(VC) – Villa Chapel</b> <b>** No recreation staff will be present</b>