

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="center"><u>In-House Service</u></p> <p>Shop Easy Fashion – Please See Poster on Bulletin Boards for Details Fifth Avenue Jewelry Collection – Please See Poster on Bulletin Boards for Details Rosedale Beauty Salon – Please call Ha at 780-906-0057 Pedi-To-You footcare – Please call Kathy at 780-782-2600 Keep In Touch Massage Therapy – Please call Berni at 780-953-5404 Podiatrist – Please see LPN for appointment InHome Physical Therapy & Massage – Please call for appointment at 1844-256-7684</p>			<p><u>1</u></p> <p>10:00 Exercise (V) 10:30 Pool (E)** 1:30 Hymn Sing (E)** 3:00 Curling (E) 7:00 Bingo (E)**</p>	<p><u>2</u></p> <p>10:00 River Cree Casino Outing (E) 10:30 Catholic Liturgy of the Word & Communion (VC)** 11:00 Neat Nails (V) 1:30 Mental Aerobics (E)</p>	<p><u>3</u></p> <p>10:00 Exercise (V) 10:30 Pool (E)** 1:30 Movie Matinee: Doctor Dolittle (VC)</p>	<p><u>4</u></p> <p>2:00 Board Games (V)** 3:00 Bible Study (P)** 6:30 Card Games (V)**</p>
<p><u>5</u></p> <p>10:30 Pool (E)** 11:00 – 1:00 Brunch (V)** 7:00 Non-Denominational Service (VC)**</p>	<p><u>6</u></p> <p>10:00 Exercise (V) 10:30 Pool (E)** 1:30 Knitting Club (V)** 1:30 Piano Tunes with Bernice (E)** 3:00 Bocce Ball (E)</p>	<p><u>7</u></p> <p>9:30 Gentle Chair Yoga (E) 2:00 Afternoon Tea (E)</p>	<p><u>8</u></p> <p>Happy International Women's Day! 10:00 Exercise (V) 10:30 Pool (E)** 1:30 Musical Memories (E)** 3:00 Ladies Afternoon Tea (E) 7:00 Bingo (E)**</p>	<p><u>9</u></p> <p>10:30 Catholic Liturgy of the Word & Communion (VC)** 11:00 Neat Nails (V) 11:30 Lunch Outing: Olive Garden (E) 1:30 Bingo (V)</p>	<p><u>10</u></p> <p>10:00 Exercise (V) 10:30 Pool (E)** 1:30 Movie Matinee: Turner & Hooch (VC)</p>	<p><u>11</u></p> <p>2:00 Board Games (V)** 3:00 Bible Study (P)** 6:30 Card Games (V)**</p>
<p><u>12</u></p> <p>Daylight Saving Time Begins 10:30 Pool (E)** 11:00 – 1:00 Brunch (V)** 7:00 Non-Denominational Service (VC)**</p>	<p><u>13</u></p> <p>10:30 Pool (E)** 1:30 Knitting Club (V)** 1:30 Writers Group (VC)** 3:00 Bocce Ball (E) 7:30 Divertimento Chamber Ensemble (E)</p>	<p><u>14</u></p> <p>9:30 Gentle Chair Yoga (E) 1:30 Bible Study (VC)** 3:00 Ball Tossers (E)</p>	<p><u>15</u></p> <p>10:00 Exercise (V) 10:30 Pool (E)** 1:30 Hymn Sing (E)** 3:00 Curling (E) 7:00 Bingo (E)**</p>	<p><u>16</u></p> <p>10:30 Catholic Mass (VC)** 11:00 Neat Nails (V) 1:30 St. Patrick's Scavenger Hunt (E)</p>	<p><u>17</u></p> <p>Happy St. Patrick's Day 10:30 Pool (E)** 2:00 Concert: Health Arts Society of Alberta (E) 3:00 Celebrate with a Wee Bit O' Beer! (E)</p>	<p><u>18</u></p> <p>2:00 Board Games (V)** 6:30 Card Games (V)**</p>
<p><u>19</u></p> <p>10:30 Pool (E)** 11:00 – 1:00 Brunch (V)** 7:00 Non-Denominational Service (VC)**</p>	<p><u>20</u></p> <p>Spring Begins! 10:00 Exercise (V) 10:30 Pool (E)** 1:30 Knitting Club (V)** 1:30 Piano Tunes with Bernice (E)** 3:00 Bocce Ball (E)</p>	<p><u>21</u></p> <p>10:00 Resident Council Meeting (VC) 1:30 Bible Study (VC)** 3:00 Ball Tossers (E)</p>	<p><u>22</u></p> <p>10:00 Exercise (V) 10:30 Pool (E)** 1:30 Villa Birthday Celebration (V) 3:00 Curling (E) 7:00 Bingo (E)**</p>	<p><u>23</u></p> <p>10:30 Catholic Liturgy of the Word & Communion (VC)** 12:15 Outing: Guided Tour Pyramid Tours at Muttart Conservatory (E)</p>	<p><u>24</u></p> <p>10:00 Exercise (V) 10:30 Pool (E)** 1:30 Movie Matinee: Mr Bean's Holiday (VC)</p>	<p><u>25</u></p> <p>2:00 Board Games (V)** 6:30 Card Games (V)**</p>
<p><u>26</u></p> <p>10:30 Pool (E)** 11:00 – 1:00 Brunch (V)** 7:00 Non-Denominational Service (VC)**</p>	<p><u>27</u></p> <p>10:00 Exercise (V) 10:30 Pool (E)** 1:30 Knitting Club (V)** 1:30 Writers Group (VC)** 3:00 Bocce Ball (E)</p>	<p><u>28</u></p> <p>Rosedale Library Day 9:30 Gentle Chair Yoga (E) 1:30 Bible Study (VC)** Recreation Planning Day: No Afternoon Activities</p>	<p><u>29</u></p> <p>10:00 Exercise (V) 10:30 Pool (E)** 1:15 Ante Meridiem choral opportunity (E) 7:00 Bingo (E)**</p>	<p><u>30</u></p> <p>9:00 Gentlemen's Breakfast (E) 10:30 Catholic Liturgy of the Word & Communion (VC)** 1:30 Mental Aerobics (E)</p>	<p><u>31</u></p> <p>Dress for Dinner 10:00 Exercise (V) 10:30 Pool (E)**</p>	<p>(E) – Estates Common Area (P) – Park Fireside (V) – Villa Common Area (VC) – Villa Chapel ** No recreation staff will be present</p>